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# World leaders pledge to prevent repeat of Holocaust

President Moshe Katsav delivered a blistering attack on the failure of the Allied forces to bomb Auschwitz and the railroad leading to it in the final months of the Second World War, at a time when hundreds of thousands of Jewish lives could still have been saved.

Speaking at a ceremony in Krakow's main theater shortly before travelling to Auschwitz-Birkenau, Katsav said, "60 years" later we still find it hard to believe that the world stood silent" as the killing went on. "The allies did not do enough to stop the Holocaust,"

he said, "To stop the destruction of the destruction of the Jews," Katsav Jewish people. The gates of coun- said, and the Allies did not stop tries around the world, the gates to them. Israel, were kept closed in the face of those who tried to escape."

"The Allies knew about the destruction of the Jews and didn't act to stop it," the president said. "Hundreds of thousands could have heen saved." Katsay noted that air sorties passed next to Auschwitz-Birkenau, "but Auschwitz was not bombed, bombing the railways would have prevented the destruc-tion of the Jews. The Germans knew that they were going to lose, but they continued, even accelerated,

Looking to the future, Katsav said that he had confidence in Europe's leaders and their common values with Israel, in the determined, concerted effort to prevent humankind from committing such destruction again. He called the Holocaust "a failure of humanity as a whole" and urged, with respect to Auschwitz that "a better future must grow out of this damned place."

He noted that the Nazis capitalized on anti-Semitism that was

(Continued on page 2)



**Auschwitz Commemoration** Hundreds of Ottawa residents attend the commemoration of the 60th anniversary of the liberation of Auschwitz held at Ben Franklin Place. See story on page 8.



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# Polish president: build a future free of racism and xenophobia

(Continued from page 1) already rooted in Europe and said he had concern about the distorted sentiments held by European youngsters.

Speaking at the same event, US Vice President Richard Chency noted that in the death camps of Europe some of the greatest crimes the human mind can conceive were committed.

He praised the heroism "among the helpless," and spoke of the righteous Jews who were "led to their deaths affirming to the end their faith in almighty God."

While the scale of killing was unthinkable. Chency said it was crucial to remember that cach victim had a name, a home, and hopes for the future. Each was an individual who "no man had any right to harm".

The mass murder, said the vice president, took place

hathing

moreover "in the very heart of the civilized world." The death camps were created by men "with high opinions of themselves, refined manners, but no conscience."

The lesson of Auschwitz, said Cheney, is that evil is real and must be confronted and that messages of intolerance and hatred must be opposed before they turn into acts of borror.

Speaking earlier, Ukraine's President Viktor Yushchenko pledged there would 'never again be a single 'Jewish Question' in my country, I vow that." He said he wanted his people and the world to know 'the tragedy of the past will never again be repeated on the soil of Ukraine."

He noted his own father had been imprisoned at Auschwitz and had told him as a child of the terrible killings of those whose only crime was that they were Jewish. He had felt pain throughout his own life because of his father's stories, the Ukrainian president said, and he wanted his whole country to feel it, because only the pain "will give us the strength and wisdom to make sure that the doors to Hell are closed."

Poland's President Aleksander Kwasniewski, the initiator of the 60th anniversary event, began his address with words of praise for Israel as represented by Katsav, "a state built by a nation that survived extermination."

He said he was confident of the desire of "nearly all mankind for evil never again to prevail on such a scale, never for any Auschwitz to happen again."

But he stressed that it was "only in a world that learns proper lessons from history" that such erimes could be prevented and that it was incumbent on the international community to build a future free of racism and xenophobia.

"The lessons of Nazi crimes still remain to be fully grasped by all humanity," he

He said he was not just mouthing slogans but that Poland, Israel and others were engaged in a variety of initiatives to bolster Holo-

caust education and that "a safe world could be the most wonderful tribute to all those who perished at Auschwitz-Birkenau."

The ceremony at the theater also included a video message from Major Anatoly Shapiro, the commander of the Soviet Red Army Forces, which liberated Auschwitz in 1945, who urged concerted international action to ensure no repeat Holocaust.

Elie Wiesel, speaking at the Krakow event, recalled his incredulity on arrival at the camp to learn that the Jews "were being sent to the flames and that the world was silent" He told world leaders and young people in the audience, "if you walk away [from these remembrance ceremonies] the same, then we have lost. We have to put an end to the curse of hatred, to the scourge of anti-Semitism" he said

"Hatred is a cancer. It goes from limb to limb, from person to person, from group to group."

. Wiesel said that "logically," in 1945, the Jewish people could have had "a collective nervous breakdown."
But rather incredibly, the Jews were moved to action, to be "more active, energetic, and committed."

(©) The Jerusalem Post

# Holocaust project builds bridges

By Katy Peplinskie

In commemoration of the 60th anniversary of the liberation of Auschwitz, a Carleton University professor has helped launch a unique project in Miami, in which university students are paired with Holocaust survivors to keep the memory of their horrific experiences alive. He hopes to eventually adapt the project for use in Ottawa.

Carleton's Dr. Eugene Rothman, project coordinator of the ICHEIC Service Corps and a senior visiting fellow at the University of Miami, says he got involved because the project "was a wonderful combination of academic work, community involvement, and service to those in need and deserving of support."

The ICHEIC Service Corps program consists of three components: academic courses on the Holocaust, weekly visits by a student with a Holocaust survivor, and academic enrichment to help the student understand the specific experiences of the survivor. Students are also trained to help meet the needs of their elderly mentor.

Organizers hope the pilot project will create the basis for lasting friendships and increased understanding. They are encouraged by the words of one student: "This will probably be the most significant experience of my university career."

Dr. Miriam Klein-Kasenoff, who is responsible for the pilot's academic

enrichment, notes that both students and the survivors benefit as they "learn during each visit another piece of the survivor's history, as the bonds between them develop and the survivor feels free to 'open up' and tell the story of his or her experience in the Holocaust."

Rothman agrees, adding that "the key to the success of this project is the building of bridges across generations, between Jewish community agencies, and most important of all, between the past and the future."

The project was initiated with the support of the University of Miami's president, Dr. Donna Shalala, former secretary of human services in President Clinton's cabinet. It was established with the financial backing of

ICHEIC (International Commission on Holocaust Fra Insurance Claims) Though the overwhelming majority of the ICHEIC's money was used to pay insurance claims or to supnort the needs of concentration camp survivors after the Second World War, some money was earmarked for the purpose of increasing awareness of the Holocaust in today's youth and to strengthen young Jewish leadership and identity.

Hillel and the Conference on Jewish Material Claims Against Germany, Inc. are also sponsoring the project.

Rothman says that though the aim of the Nazi machine was to destroy Jewish civilization, projects like these will ensure the community's health.

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CLARICA

Tuesday, February 15: Love and Limits: this session will discuss the balance between "yes" and "no", between flexibility and limits, between endless support and natural consequences.

Time: 7:30 - 9:00 pm \* Location: to be announced

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Volunteer Profile: Jenny Shinder and David Baker

# Dynamic duo co-chairs YAD

Jenny Shinder and David Baker are two young Ottawa Jewish community adults known for their community involvement.

Shinder for her involvement in Na'amat and extensive work with the ECE department of the SICC; and Baker for his participation in BBYO, ISU, UIA and many other volunteer endeavours.

However, according to recent research, they may be an anomaly. Research shows there has been a decline in the number of young Jews who affiliate with UJA, and as a result, UJA has been losing volunteers and donors and not replacing them.

"I have noticed a lack of interest in the community among younger people," says Baker.

"There seems to be a preconceived notion that UJA is only about monetary contributions. says Shinder. "David and I want to change this type of thinking and inspire young adults to get "involved" by donating their time and taients, as well as their resources.

Both insist that it's time to inject new energy and innovation into programming for young Jewish adults and engage them fully in their community.

For Shinder and Baker, the opportunity to work with Meg Friedman, senior associate, Women's Division and Young Leadership, as well as with each other, were motivating factors to their signing on as co-chairs of UJA's Young Adults Division (YAD). With Friedman as the pivotal guiding force, combined with their collective volunteer experiences, they are confident they have a winning combination to help revitalize young adult involvement in the Ottawa Jewish community. They are currently in the process of putting together a vibrant and exceptional cabinet.

YAD has been divided into six new sub-categories that will make it easier to target and enlist sup-



David Baker and Jenny Shinder

port. These include a young sin- at 798-4696, ext. 270, or Leora gles division; young couples; young families; Yozma (young professionals); Young Women's Leadership Council and the Ben Gurion Society. Chairs will be established for each division who. in turn, will be responsible for recruiting and programming for their respective divisions.

YAD is targeted to young adults ages 25 to 45 that are committed to building a better Jewish community in Ottawa, Israel and throughout the world. YAD's goal is to connect young adults and the lewish community by reinforcing core Jewish values.

In 2005, YAD will offer a variety of social, educational and cultural events, leadership training and business seminars with the goal to empower our young adults to become an active participant in their community.

On Saturday, March 5th at 8 pm, UJA Ottawa will re-launch its Young Adult Division with a 'sureto-be-sold-out' party. YAD has exclusive access to The Whiskey Bar, a cool downtown club located at 110 York Street in the Market. Young Jewish adults will come together to mix, mingle and catch a glimpse of the exciting things in store for them as part of YAD.

For tickets, call Meg Friedman

Kimmel at ext. 248. Only 225 tick-

# Hold the date!

Saturday, March 5, 2005 Come JAMM (Jewish Adults Mixing & Mingling) with YAD!

Young Adult Division of UIA invites you (25-45 year olds) to its 'sure-to-be-sold-out' Winter Re-launch Partyl

The Whiskey Bar, 110 York Street From 8 pm to 10 pm, YAD has exclusive access to this cool downtown club

Don't miss out! Only 225 tickets available!

For tickets, call Meg Friedman at 798-4696 ext. 270, Jenny Shinder at 224-4540. David Baker at 828-8808. or Melissa Lubotta at 723-8880.

Agency Profile: ISA-Hillel

# A vibrant going concern

By Doy hen-Reuven

Jewish student life in Ottawa is more vibrant than ever. Our membership and participation have increased immensely over the last year. Through the ISA-Hillel. Ottawa students have an avenue to express their Jewishness. There is no criteria or fees associated to becoming a member, just a sense of belonging and community.

JSA-Hillel has come a long way over the past number of years. Hillel has become a tool for the students to help shape their own identity. Through Hillel the students organize many different kinds of events ranging from Israel advocacy and training to lectures and student-run Shabbat dinners.

A few years ago, Aepi, a Jewish fraternity in Ottawa was created and has been a great contributor to Jewish campus life. They run Jewish-centred programs for their own members, but they also contribute and participate in JSA-Hillel. It is important for our students to have these organizations to give our Jewish students an avenue to connect

with the greater community.

It is not surprising that there is talk of establishing a Jewish sorority here in Ottawa; it is just a matter of time.

With the increase in membership and Jewish student organizations comes an obligation for JSA-Hillel to develop programs for our students and provided the necessary resources.

We have had great success with our programs this year. Nothing reflects this more than the success of our JSA-Hillel Campus Shabbat Dinners. Attendance at these dinners has almost tripled over the last two years.

Whereas once we were excited to have 20 students for Shabbat, we are now proud to host over 65 students twice a month! Students hope to Host a Shabbat 100 in March with at least 100 students.

The students are looking to set up a fund so that we can continue to provide these services and expand them.

If you would like to know how you can contribute please contact the JSA-Hillel office at 236-2345 or send us an email at jsaottawa@rogers.com.

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# Geneva Accords negotiators speak at Carleton

By Balint Molnar

On January 24, the Azrieli Theater at Carleton University was filled close to capacity for a lecture by two negotiators of the 2003 Geneva Accords, Israeli political science professor Menachem the agreement aims to tackle Klein and his Palestinian counterpart, and decade-long friend, history professor Nazmi Al Jubeh spoke of the details of the Geneva Accords and its relevance to the current post-Arafat era in the Middle Fast

Klein, a lecturer at Bar Ilan University, explained the importance of the Geneva Accords, a model final status agreement between Israel and a future Palestinian state, hammered out over two years of negotiations by close to 40

high-profile Israelis and Palestinians. None of the delegates represented their governments, but rather "Israeli and Palestinian civil society."

Unveiled in late 2003 with much international publicity, all the sensitive outstanding issues between the two parties - such as refugees. Jerusalem, final borders and settlements - in elaborate

"We dealt with all the issues the Oslo Accords [of 19931 had postnoned, and, in the end, we succeeded in signing a detailed document on all aspects of a complete final status agreement," Klein said. "We worked with identical mans and aerial photos, so that no ambiguities remained"

Klein admitted that certain parts of the deal represented serious compromises for both parties. "Each one of us had one or two paragraphs that were difficult to sign"

keen interest in moving from war and occupation, because



Menachem Klein

it corrupts us as we are build-

ing an armed ghetto in the

Middle East. It goes against

the lewish faith as I see it.

We did not return to the land

to rule over the Palestinians."

said Klein, an Orthodox Jew.

Accords received plenty of

international support at the

time of its presentation, Ariel

Sharon and members of his

cabinet were at the time

harshly critical of the Israeli

participants, whom they

accused of going behind the

While the Geneva

government's back and undermining the official Israeli policy of non-negotiation. Klein recalled that negotiators often had to meet abroad to conduct face-toface meetings, as the Palestinians were banned from Israel.

"We demonstrated that there is a partner for peace on the other side," said Klein, adding that today. 16 months sides. after its first appearance, the importance of the Geneva Accords is even greater.

Nazmi Al Jubeh

"We must know where the endoame lies, and how a twostate solution that is acceptable to both sides could look. The final status issues are the same and their discussion should not be postponed-

again." Al Jubeh also stressed the importance of the accords as a detailed blueprint of a final agreement between the two

"This is what both of us can get and any further bloodshed will be for nothly what is acceptable for and doable by Israel and the Palestinians."

Al Jubeh said he was proud of the recent Palestinian elections and the fact that in Mahmoud Ahhas a moderate with a clear peace agenda was elected. However, he added, the Palestinians might not have a partner in Sharon for negotiating a final status agreement

"Sharon's Gaza disengagement is an effort to avoid final status talks with the Palestinians," he said, "His plan seems to be to dictate a unilateral solution for the West Bank and annex as much as 25 per cent of it," he said. If it is indeed the case, Al Jubeh said, Sharon would have no partner in the new Palestinian leadership.

While Klein and Al Jubeh agreed the US has a spotty record of mediating between the two parties. they also admitted it could not be ignored as a facilitator. Still, said Al Jubeh.

(Continued on page 18)

### **Allan Taylor**

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Yet, "as an Israeli, I have a

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# Canada has a role in peace process

Editor's note: Vaad President Arnie Vered has arranged to share his column, on occasion, with the chairs or presidents of the community's major beneficiary agencies or committees so that they can provide some insight into their operations.

I am sure you remember the curious fuss recently voiced by the ambassador of Saudi Arabia after I, as Israeli ambassador, had the nerve and abject chutzpah to address him during a parliamentary meeting. His rage was aroused because I, an Israeli, had the gall to express agreement with something he had said.

This outburst is perhaps indicative of the malady that seems to have infected the international diplomatic scene. It is an example of how the misguided hatred of Israel has undermined the integrity of countless political and judicial institutions, even causing a long-standing diplomat to lose his cool and embarrass himself in front of Canadian government officials, Members of Parliament and fellow ambassadors.

It is no less sad that, even in these present days of political hopefulness and progress in the Middle East between Israel and the Palestinians, blind hatred of Israel



# VAAD Report

Alan Baker Ambassador Embassy of Israel

abounds. It is also unfortunate that Saudi Arabia, one of the world's most despotic regimes, supporting international terror, spawning aircraft hijackers, and crassly violating basic human and civil rights, has gone relatively unnoticed. Presumably, due to its oil wealth, it is even treated by some serious western powers with respect.

It is perhaps time that democratic states took a look at such regimes and, despite their oil wealth, consider the psyche of terror they espouse and export throughout the world.

Western leaders should also examine the United Nations, presently crippled by politicization, internal intrigue and accusations of corruption. The UN has allowed itself to become hijacked by that group of member states that introduced to the world the science of plane hijacking, and to this

day advocates Zionism as a form of racism. This same group arbitrarily dictates one-sided resolutions singling out Israel, while deliberately preventing the organization from dealing with other crises and matters of international importance.

It is here that Canada, out of a genuine concern for the fate of the organized international community, can achieve progress and help the UN become a useful element in international society. Indeed, rationalizing voting and preventing the annual farce of one-sided, prejudicial resolutions is a worthy and fitting task for Canada. Canada could influence those states that blindly permit themselves to join such harmful resolutions as part of an automatic majority, without genuinely considering whether such resolutions serve the interests of world peace or are compatible with the purposes and principles for which the UN was established.

Canada's potential to export Canadian values to the Middle East has been underlined in periodic discussions between the prime ministers and foreign ministers of our two countries. The nature of the assistance that Canada could render to the Palestinians in improving their governance,

organizing their social society and economic structure and their domestic institution building has been discussed.

Of no less importance, is the central role that Canada could play through its contacts with Arab and Muslim governments in influencing them to end their supplying arms and supporting, glorifying and financing terror, hatred, incitement and propaganda, with a view to re-channeling their resources into building a viable and democratic Palestinian society.

The opportunities are there and Canada is positioning itself to play an enhanced role. The time is propitious for active and enhanced encouragement by the Canadian Jewish community in the various endeavours that are presently on the agenda.

The Canadian Jewish community has its own distinct role to play in achieving a deeper Canadian commitment in the Middle East. Increasing commercial investment from Canada in Israeli industry, and opening up markets in Canada for Israeli technology and products are both ways to serve the mutual benefit of our two countries.

Enhancing tourism to Israel by all Canadians, and demonstrating support and (Continued on page 8)

# Reflections on the Book of Exodus and the character of Judaism

As you read this, we are deep in our cycle of Torah readings in Sefer Shemoth, the Book of Exodus. The two major events of Sefer Shemoth are the Exodus (Yetsiyat Mitsrayim) and the Giving of the Torah (Ma'a-mad Har Sinai). One can view these events (perhaps artificially) as establishing two "polarities," two separate foci that interact to reflect the essential ideas of our tradition.

Vetsiyat Mitsrayim, the escape from Egyptian slavery, focuses on the human. It asserts human freedom and autonomy, the intrinsic right of each person to be "master of his/her own destiny."

Ma'amad Har Sinai focuses on the Divinc. It limits human freedom and autonomy in the face of God's commanding transcendence. Yeisiyat Mitsrayim focuses on our needs; Ma'amad Har Sinai focuses on our deeds.

At the same time Yetsiyut Mitsrayim actually points to the limits of human power, because it is through God's power that freedom is achieved. And even as Ma'annad Har Sinai emphasizes the authority beyond humanity, it asserts the power of human action.

These two polarities are also the central



# From the pulpit

Rabbi Charles Popky Agudath Israel

relationships of Judaism are the Divine-Human ("You shall love Yhuh with all your heart") and Human-Human ("You shall love your neighbor as yourself"). Indeed, this is reflected in the two questions God asks in the initial "encounters" with human beings: "Where are you?" God asks Adam (who is trying to hide from God in the garden after disobeying the divine commandment); where do you stand in relation to God (and God's commandment)? God asks Cain, "Where is Abel, your brother?" Where do you stand in relation to your fellow human being?

Ironically Cain answers with a question that should be a declarative statement: "Am I my brother's keeper?" Thus, one way of categorizing our mitzvoth is as mitzvoth beyn Adam laMaqom (commandments that are

between the human being and God), and utitzvoth beyn Adam l'Haveyro (commandments that are between the human being and his fellow).

The crucial interconnection between the two poles may be seen in the argument between Rabbi Aqiba and Ben Zoma. Aqiba states, "You shall love your neighbour as yourself" is the greatest principle in the Torah. Ben Zoma, however, suggests a different verse: "This is the book of the generations of Adam: on the day that God created Adam, in the image of God He made him"

(Gen. 5:1). Ben Zoma's insight is that the mitzvoth beyn Adam l'Haveyro are, in fact, mitzvoth beyn Adam laMaqom; the foundation of our relationships with others is our relationship with God.

In musical counterpoint, two lines of music operate independently, each with its own melody. Yet they also work in tandem to produce a third, richer melody. Yetsiyat Mitsrayim and Ma'amad Har Sinai each convey important and significant religious ideas. Together, they form the deeper, richer dynamic that is the Jewish tradition.

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### Correction

An error in the January 24, 2005 Bulletin (page 26) led to a misrepresentation of a special visit by the Ottawa Post, Jewish War Veterans of Canada to Rideau Hall on December 13, where the governor general was presented with a copy of the book There I Was. The visit was mistakenly published as taking place during the New Year's Levee. Rather, it was as a result of an official invitation. We applogize for any misunderstanding.

# Can the UN learn the lesson of the Shoah?

When I ask people from our community who attended the UN General Assembly's first ever commemoration of the liberation of the Nazis death camps what stands out as the highlight, they all have the same answer

Although all very important, they say it was not listening to the speakers, or that this was a historical event, or even the reception attended by many dignitaries marking the opening of the exhibit, Auschwitz-the Denth of the Abyss.

The highlight? Standing in the General Assembly Visitor's Lobby when Israel's Minister of Foreign Affairs Silvan Shalom and Israel's Ambassador to the UN Dan Gillerman got on stage and led everyone in an impromptu and rousing rendition of HaTikvah.

"It was a spine-tingling moment ... marvellous to be there and sing HaTikvah on this significant and historical day," says Ottawa resident Berel Rodal.

For Mitchel Bellman, executive director of Ottawa Vaad Ha'lr, it was "quite an experience to be singing HaTikvah with a large crowd of people in the first and probably only time that the Israel National anthem will be sung in this venue."

It was without a doubt a significant and historical day. The UN, which had passed a resolution equating Zionism with racism in the 70s and whose members continuously attack Israel in the



General Assembly, had finally, after 60 years, remembered the victims of the

During his speech, Nobel Prize winner and Holocaust survivor Elie Wiesel noted, "If the world had listened to those of us who tried to speak, we might have prevented Darfur, Cambodia, Bosnia and, naturally, Rwanda."

As I write this, Western politicians are all saying the right things – expressing their sorrow over what had happened, promising to work to eradicate anti-Semitism, pledging support to Israel and working to prevent and halt genocide.

All fine words, including those from UN Secretary General Kofi Annan, who reprimanded UN members for failing to learn the lesson of the Holocaust.

Words are not enough.

As Israeli Prime Minister Ariel Sharon noted during an address to the Knesset, the world did nothing to help the Jews during the Holocaust. Recently, the world refused to intervene and stop the genocide in Rwanda, and the Western world and the UN do not seem interested in stopping the slaughter in the Darfur region of Sudan.

Anti-Semitism is at an all time high. A recent report by Israeli Diaspora Affairs Minister Natan Sharansky and the Jewish Agency's Global Forum Against Anti-Semitism noted that in the UK anti-Semitic incidents bave almost doubled, and in Russia and Ukraine anti-Semitism has soared.

Despite the election of Mahmoud Abbas and the lessening of tensions, a report co-authored by Ottawa's Barbara Crook and Itmar Marcus of Palestinian Media Watch, an Israeli-based organization that monitors the Palestinian media, accuses the Palestinian leadership of still promoting genocide against Jews.

The report, Kill a Jew-Go to Heaven, outlines how "the Palestinian Authority (PA) teaches an ideology of virulent hatred of Jews and Israel that mandates the killing of Jews solely because they are Jews. The murder of Jews is presented not only as beneficial to Muslims and Arabs, but as necessary for all humankind."

Yet there are hopeful signs. In a recent speech, Ariel Sharon was upbeat about the possibility of peace in the Middle East and even uncharacteristically went as far as saying, "I believe the conditions have been created which will enable us and the Palestinians to reach a historic breakthrough in relations between us, a breakthrough which would lead us towards quiet and security and – in the future – even the hoped-for peace."

The 34 UN member countries (out of 191) that took part in the commemoration seemed sincere when they spoke of learning from the Holocaust.

Only time will tell if this is a watershed moment for the UN or simply another elever public relations gesture.

Rabbi Reuven Bulka attended the event and noted that the commemoration is nothing more than a token gesture, unless the UN finally begins to act to help those in the world threatened by genocide and hatred.

"If they are going to use this as the vehicle to finally do what they are suppose to do, mainly to become the agency for removing hatred from the world and to tackle it using international muscle to stop brutal murders, then it will be fine. I hope and pray that years from now we can look back and say this event was the establyst for it."

The greatest gift the UN can give to the survivors of the Shoah is to work for the elimination of hate throughout the world. Only then, will the world body, founded on the ashes of the Holocaust, have learned the lesson of the Shoah.

# Rabbi mediates successful divorces

Rabbi Shimon Abrams has counselled 116 couples whose partners were determined to get divorced from each other. Only four decided to reconcile. While some people might view his record as dismal, Abrams feels he has been extremely effective.

"My job isn't to help couples get back together," Rabbi Abrams told me. "It's to help them get on with their lives, through separating in a healthy manner."

Not what you would expect a rabbi to say, is it? Well, Abrams isn't a putpit rabbi or a marriage counsellor, whose main focus is on saving troubled marriages. He's the director of a mediation and conflict management firm headquartered in Columbus, Ohio that specializes in resolving the types of unpleasant domestic and workplace disputes most of us hope we never get into. I met him when he visited Ottawa in mid-January to speak at a JET Shabbaton.

Rabbi Abrams usually enters the picture only after a couple has worked with a marriage therapist, and the partners have realized that their marriage can't be saved. At that stage, their dislike for each other can be so intense that they can't negotiate reasonable arrangements in vital areas like alimony, child support, the division of property, or the most contentious issue of all, visitation rights. Some can't communicate at all



How I see it

Bob Dale

, without having their conversation disintegrate into a shouting match.

The impact of such disputes can be mind-blowing, says Abrams, and not just on the warring parties. Sadly, it can be absolutely devastating for the children who see their parents in conflict. The impact on those children can last a lifetime, damaging the relationships they have with a wide range of people, including their own spouses and children when they become adults.

Abrams' tries to help divorcing couples find ways of communicating with each other to prevent disputes from escalating to that level. That enables them to work together in important areas, such as co-parenting minor children. He also tries to steer them to solutions that are fair to everybody involved, including their children, instead of having one side come out a "winner" and the other a "loser."

That's the way Judaism sees things, he

says: fairness that results in equitable treatment for everybody, including the community as a whole. With Rabbi Abrams' help, the conflicting parties start to appreciate each other's concerns, even if they don't agree with them. As he moves a couple through the process, Abrams frequently sees them regain some of the affection that originally drew them together, and revive their friendship despite their decision to end their marriage.

What about the few instances where couples he has mediated have reconciled? Rabbi Abrams told me about one where the husband was adamant about divorcing his wife, who had had an affair. His wife was profoundly sorry about what she had done, and wanted to reconcile, but he had no desire to do so, even after a year nf marriage counselling.

After a few sessions, Abrams felt that reconciliation might be possible. The husband initially refused to budge, but ten minutes after their seventh session had ended, called Abrams from his cell phone to ask if Abrams could try to "open the door." Eventually, the couple got back together, and recently became the proud parents of a new baby boy.

An orthodox rabbi who was once a reform rabbi (that's another column),

Abrams entered mediation almost by chance. When he was a pulpit rabbi in Columbus, he met the son of an elderly neighbour. The young man, a professional mediator, told Abrams he had the natural skills to go into mediation as well. Abrams took a few courses, but decided to continue his career as a pulpit rabbi, taking a new appointment on the American east coast.

That's when fate intervened. His motherin-law had a stroke, and he and his wife Barbara had no choice but to stay in Columbus to care for her. He needed to earn a living, so he looked into mediation as a fulltime career. The rest, as they say, is history. Abrams now has a thriving mediation practice, and is also in demand as a trainer for other mediators. Although only a minority of his clients are Jewish, he's also in demand as a speaker at Jewish outreach events.

Shimon Abrams, a man who genuinely communication skills are essential ingredients in building successful relationships, both one-on-one as well as with our communities in general. In his view, good communication makes things far easier for us as we go through daily life, interacting with our spouses, children, friends, acquaintances, and strangers alike.

# Heilman guest speaker at Auschwitz commemoration

Over 300 people braved the cold and snow to attend the commemoration of the 60th anniversary of the liberation of Auschwitz on January 24 at Ben Franklin Place.

The Polish and German ambassadors, representatives of the Israeli, Dutch and Russian embassies and Canadian Friends of Sudan all attended

A large delegation from Humura, the Ottawa-based group for survivors of the Rwandan genocide also attended, including most of its executives and as President Oscar Gasana proudly dcclared, "young people!"

The evening's main draw

was the keynote address by Anna Heilman, the sole survivor of the Auschwitz Gunpowder Plot, which successfully destroyed crematorium #4

With her simple, sometimes humourous, always poignant delivery. Heilman recounted the inner workings of the guppowder plot. exploding the myth that all Jews went meekly to the slaughter.

There were five crematoria at Auschwitz. On Octoher 7th 1944 Crematorium #4 was destroyed and never rebuilt. By slowing the Nazi's multinational industry of death, the plotters saved countless lives. As shown in the film The Grev



Anna Heilman

Zone, the men were killed in the fighting, the explosion, or summarily executed in the

Four women involved in the plot. Ala Gertner, Roza Robota, Regina, Safirsztain and Ester Wajchlum, Anna's sister, were hung by the Nazis less than three weeks

before the camp was liberated. Ester withstood torture and faced the gallows without betraying Anna.

The evening was organized by Joseph Ben-Ami, director of government and diplomatic relations for B'nai Brith and Ze'ev Kalin. chair of the Shoah (Holocaust) Committee of Ottawa.

Greetings from the Jewish community were brought by Vaad President Arnie Vered a brief and touching sermon was delivered by Rabbi Howard Finkelstein, and prayers were recited in an emotional powerful voice by Cantor Moshe Krause a survivor of Bergen-Belsen who lost much of his family at Auschwitz

# Peace process

(Continued from page 6)

solidarity with Israel also would go a long way toward treating Israel as a normal country with which Canadians will want to trade and visit, without negative travel advisories and fears of instability

Perhaps the most serious challenge for all is the future, which is presently being determined in the high schools and on the campuses. Future Canadian leadership- Jewish and non-Jewish - are today's students, whose opinions are being formed impressions made and to whom knowledge is being imparted at this vital stage in their lives. We all have an obligation to support, teach, encourage and provide them with the tools in order to enable them to impart to others the answers to the questions that are being asked. The Israeli Embassy and Consulates, together with all elements within the Jewish community have an obligation to the students. They are our future

After some six months as Ambassador to Canada and having already survived at least half of my first Canadian winter. I think it safe to assume that we have settled in to what Israel considers to be one of its major diplomatic postings. The question indeed is which challenge is more daunting for an Israeli Ambassador and spouse - learning to skate on the Rideau Canal or cross-country ski on the slopes of the Gatineau, or mastering the intricacies of the Canadian governmental and provincial political scenario, the extensive foreign affairs interests and involvements Canada's trade priorities and its relationship with the United States

But all those challenges, as exciting as they may be, are no match for the cornucopia of the intricacies, complexities and subtleties inherent in the vast array of organs, bodies, synagogues, charities, committees, opinions, directions, trends and attitudes prevalent in the Canadian Jewish community, rendering it such a warm, fascinating and welcoming community for a new ambassador. This welcome is a unique fusion of the Canadian values of openness and sharing, with the ageold Jewish trait originating in the time of Abraham of "kabbalat orchim" - welcoming guests.

Permit me to thank you, the Ottawa Jewish community, community leaders, rabbis, teachers and all our new and dear friends, for the kind welcome that my wife Dalia and I have been accorded.

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## Pirkei Avot: the wisdom of our sages

Unshackling the Finite

By Rabbi Vehoshua Botnick Rabbi Chanina Ben Tradyon would say: "... If two sit together and exchange words of Torah, The Divine Presence rests hetween them ... "

(PA, beginning of Chapter 3)

When two individuals study together. the Divine Presence - a level of revelation beyond the grasp of mortals - is drawn down. What is the difference between studying Torah with a partner and studying alone? When one communicates with others, that person extends him/herself beyond his or her individual limits. Therefore, study in such a setting evokes a transcendent revelation of Godliness. When, by contrast, a person studies alone, that individual's understanding cannot grow beyond

the limits of his or her own thought. Subsequently, a restricted reward parallels that limited thought

The study of Torah is not merely a complicated and intricate intellectual undertaking; it is a means of uniting our finite intellect with Hashem's infinite and holy thought. By extending oneself beyond his or her individual limit, the person becomes a vessel not only for the complex concepts discussed but also for holiness.

We, the Jewish people have always made it a priority to establish our own centres of education that emphasize the study of Torah besides the studies required by the times and the cultures that surround us. The above thought adds additional insight into why we consistently reject the apparently simpler approach of relying on the informal study of Torah on ones own.



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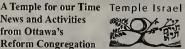
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Erev Shabbat Torah Service 8:15 February 18

Saturday Shabbat Services 10:15 am

Mazel Tov and Yasher Koach to January Bat Mitzvah Melanie Paquin.

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### Thank you, Ottawa! You are spectacular

Thank you, Ottawa, you've done it again ... you've made the 2005 Tu BiShevat Telethon the best ever! Sunday, January 23rd dawned bright, crisp, beautiful and, of course, cold. Very cold. But, in typical Ottawa fashion, you responded to cur volunteer callers with heart-warming enthusiasm. Thank you for your spectacular support of Vision Negev.

Vision Negev is JNF's new 10-year initiative to develop the Negev. A vision that will ultimately transform this arid desert into a region where people will choose to live and work

After 10 years of dramatic population increases in Israel, all economic, demographic and geographic indicators point south to the Negev. The area around Tel Aviv is now the most densely populated in the entire world. To ease the congestion and provide living space to its burgeoning populace, the Israeli government is building cities and towns in the Negev. And JNF is there to provide the vital forests. This year your tree purchases will take root in phase one of Vision Negev: the brand new Ottawa Forest being planted in the desert.

### Win a trip to Israel!

Fill a JNF Blue Box with at least \$36 - the price of two trees - and you're eligible to win a return trip to Israel courtesy of Sandy Granatstein, Carlson Wagonlit Travel. The more Blue Boxes you fill, the more chances you have to win. The draw will take place in September prior to the High Holy Days. Boxes can be dropped off and new ones picked up at: JNF office, Hillel Academy office, Congregation Beth Shalom, Agudath Israel Congregation, Temple Israel and Machzikei Hadas Congregation.

### Not-to-be missed

Believe it or not, spring is on the horizon and with spring comes Dr. Jennifer Dickson, C.M., R.A., artist and lecturer, speaking on Jewish Expression in Modern French Painting.

This is Dr. Dickson's second and final lecture in the INF Ottawa-initiated series 'Jewish Influence in Contemporary Art.' Last April, her audience accorded Dr. Dickson an enthusiastic standing ovation following her outstanding lecture on Jewish Painters in 19th Century Europe.

Mrs. Dalia Baker, wife of His Excellency Alan Baker, ambassador of Israel to Canada, is Honourary Patron of this very special evening, which is sponsored by Carol Greenberg and family. Doris Bronstein is chairing the event. Plan to be with us on Thursday, April 7 at 7:30 pm at Cadieux Auditorium, Sussex Drive, in the Foreign Affairs-Lester B. Pearson Building. Admission is \$18 (the price of one tree). Refreshments and the opportunity to meet with Dr. Dickson will follow the lecture.

For information and tickets, call the JNF office 798-2411.

### Two become B'nai Mitzvah

Mazal Tov and Yasher Koach to Ethan Jesse Calof and Melanic Ruth Paquin who became B'nai Mitzvah recently.

The proud parents of both youngsters chose to add a meaningful dimension to the milestone occasion by inscribing their child in the Sefer Bar/Bat Mitvzah. Ethan and Melanie have an open invitation to visit the JNF office to view the inscription whenever they are in Israel.

On a daily basis you can plant trees for all occasions. An attractive card is sent to the recipient. To order, call the JNF office (798-2411).



# Israel embarks on tsunami aid campaign

By Greer Fay Cashman President Moshe Katsav has called on all citizens of Israel to join in the campaign for long-term humanitarian aid for the victims of the tsunami dis-

At a ceremony at Beit Hanassi, Katsav urged all Israelis to contribute to the recently launched Israel National Emergency Coalition's nationwide fundraising drive.

"We are obligated to fulfil this humanitarian mission and in so doing demonstrate that we are indeed a light unto the nations," said Katsav.

"We, the children of the Jewish people who have witnessed so many hardships in our own history, do not have the right to deny assistance when we see the recurring scenes of tragedy that are the outcome of the tsunami disaster," continued Kataxy.

He expressed pride in the fact that so many Israeli institutions, organizations and individuals had instantly undertaken to help on the first day of the calamity, which has claimed close to 300.00C lives

"The government and people of Sri Lanka are grateful to the government and people of Israei for their spontaneous and generous assistance," declared Sri Lankan Ambassador Tissa Wijeratne.

Sri Lanka was particularly appreciative of the vital supplies received from Israeli humanitarian organizations, which immediately volunteered their services and came forward in a remarkable way to help Sri Lankans resume their normal lives, he said.

Acting Indian Ambas-

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Moshe Katsav,
President of Israel
(JP Photo: Ariel Jerozolimski)

sador Satish Mehta noted the "unprecedented international solidarity" in providing much-needed relief. This was a "manifestation of the international community's shared pain and responsibility," he said, adding that the work of Israeli volunteer organizations needs to be applauded.

Thai Ambassador Kasivat Paruggamanont commented that in good times Thailand was a favourite destination for Israelis, "and in the darkest days," he said, "you stood beside [us] offering a helping hand."

Paruggamanont stressed the important work done by the medical and forensic teams sent by Israel and was also grateful for the equipment sent to help with rescue operations.

Thailand had never before witnessed such destruction and devastation from natural causes, he said, adding that people from every background, including a grandson of the king, had lost their lives. He expressed sympathy to the families of Israelis who had died in the calamity.

The lesson of the disaster, said Paruggamanont, is that humanity can overcome adversity.

Amos Nadai, the Foreign Ministry's deputy director-general for Asia and the Pacific, commended-the volunteers and contributors, not only for their magnificent humanitarian work but for boosting Israel's image in the world during a period of virulent anti-Semitism and anti-Zionism

Zaka founder Yehuda Meshi-Zahay told The Jerusalem Post that nothing that Zaka bad encountered in the aftermath of terrorist attacks in Israel had prepared its members for what they saw in Southeast Asia.

"If we thought that we knew and understood everything, we discovered that we didn't "he said

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# Canada's Mayne bard popular in Israel

By Kinneret Globerman He may be known to Israelis and the Spanishspeaking world but he's not exactly a household name here. And yet Seymour Mayne is probably one of Canada's most prolific bords.

And not only that, Mayne has been a professor of English at the University of Ottawa for 32 years; won the Ottawa Centre for Research and Innovation (OCRI) Capital Educators Award in 2003; is the editor of the only comprehensive anthology of Jewish Canadian poetry (Essential Words); is a long-time poet who has added short stories to his skill-set; and has a page and a half devoted entirely to him and his work in The Oxford Companion to Canadian Literature.

He is fluent in Hebrew, Yiddish and French, and can "get by" in Spanish. And he has just launched two new books: El Viejo Sofa Azul: Cuentos Canadienses (The Old Blue Couch: Canadian Stories), a short-story collection in Spanish, and a new book of poetry entitled Ricochet.

Ricochet is his 48th book since his first collection came out in 1964, and his 27th book of poetry. Mayne is also recognized for the contributions he has made as an anthologist, editor, and translator of almost 50 books.

Now that's what you'd

call a productive and varied

"It's all part of the stuff that you do," says Mayne. "Ooes someone who likes cooking find it easier to make risotto than a cholent? It's the same thing with writing. There's different kinds of writing and it depends on the mood the moment, the spark that comes from somewhere, and how you take up the opportunity."

Mayne's poetry has been

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jbraun@jccottawa.com

likened to that of A. M. Klein's but he says that's only because his poetry is also rife with Jewish motifs and themes. And that's because Judaism has always been an indelible part of his identity.

Mayne grew up in Montreal, attending United Talmud Torah (the school bombed last year in Montreal) where his "superb" teachers introduced him to English and French literature, and also to books by Yiddish writers Mayne read in Hebrew translations (Peretz and Sholom Aleichem), and Hebrew writers like Bialik and Tchernikhovsky. He spent a lot of time at the Jewish Public Library reading books by Montrealers A.M. Klein, Mordecai Richler, Irving Layton, Leonard Cohen, Miriam Waddington, and Norman Levine

Mayne's Bar Mitzvah reading, "Bechukotai" (Jeremiah 16:19-17:14), with its poetic language and message, profoundly influenced him as well. All of this inspired the teen to start writing poems of his own.

"Then I went to Herzlia High School which was a hotbed of student writers and teacher writers and teacher writers and there was no looking back. By the time I was 16, in Grade 10, I had published my first poems in a national literary review and because the editor didn't know my age, he gave me books to review. So I was embarked on a career."

While Mayne says that Judaism doesn't inspire his writing per se, the influence is undeniably there, and evident.

"A lot of my living moments are defined by Jewish observance, so there's no doubt that the poems come out of it, but Jewish observance and ritu-lewish observance are like rhytimm, meter, rhyme. They give form and shape to the con-

Mayne is a regular shulgoer - a member of the



Seymour Mayne

egalitarian Adath Shalom, and associate member of the traditional Congregation Beth Shalom on Chapel Street. He'll tell you he's a Conservative when it comes to theological belief.

"But I'm not a Leftie," he asserts. "Far from it. In fact, most people think I'm slightly left of Attila the Hun. On certain things, I'm very right wing, and on other things, I'm left wing. But on Israel and issues of that kind, I'm very hard neo-conservative. I don't apologize for being Jewish and I believe Jews shouldatop blaming themselves always that they're at fault."

Being a staunch supporter of Israel means that he visits whenever he can (every year or two). In fact, he spent the first 20 years of his teaching life in both Ottawa and Israel, spending four or five sabbaticals there from the late 90's.

"You know, there's an expression in Hebrew," he says. "Ayn navi be' iroh, which means 'you're never a prophet in your own city.' But when I get to Israel, I'm greeted. I've had four books published in translation there, and every year or two somebody translates my poetry or something of mine in the journals. It's nice to go there and, as they say in Hollywood, be a somebody!"

Mayne is undoubtedly a somebody with his own following here and abroad. His next public reading, from his new book, Ricochet, is scheduled for April 10 at 2:00 pm at the Royal Oak Pub on Laurier Avenue East, across from the University of Ottawa's main campus.



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Rosen's book Transformation contains before and after photos of Ethiopian Jews.

# Ethiopian Jews then and now

By Diane Koven

It is fitting that American-Israeli photojournalist Ricki Rosen chose Ottawa as the only Canadian stop on her recent North American tour. Her appearance here, to show a selection of images from her soon-to-be published book documenting the Ethiopian exodus to Israel, drew an entbusiastic audience.

The true story of Israel's rescue and absorption of Ethiopia's Jews is more exciting and perhaps more difficult to believe than any Hollywood movie. In Ottawa. we have had the unique privilege of hearing this story from two of the people who actually made it happen.

During their postings in Ottawa, Ambassador Haim Divon and Counsellor Amir Maimon, who had worked together at the embassy in Addis Ababa during the time of Operation Solomon in 1991, spoke on many occasions about the dramatic rescue operation. Many of us were curious to find out what has bappened to these people since they arrived in Israel.

Rosen, who lives in Israel with her husband and children, was working for Time Magazine in 1990 when she

received a call from a journal- a photographic exhibit showist friend, which was to influence her life and work from that day on. The friend reported, "There was a rumour that there were 100,000 Ethiopian Jews camped out in Addis Ababa waiting for an airlift ... I called my editor who said to go ahead. There weren't 100,000 people, but there were thousands.

While in Ethiopia, Rosen was struck by the long lines of white-robed people waiting to approach the Embassy of Israel in the hope of immigrating, "They were wearing white because they were close to Zion as they approached the Israeli embassy," she said. White is worn by the Ethiopians on special occasions. "Their longing to come to Israel was just incredibly inspiring," said Rosen.

In 1991, Rosen returned to Ethiopia to document Operation Solomon, the lightningswift evacuation of over 14,000 Ethiopian Jews in only 33 hours. "Witnessing Operation Solomon was the highlight of my life," she said.

Rosen has kept in touch with many of the people she photographed before, during and immediately following the operaton, and has put together

ing them "then and now." She has put her work into a soonto-be published book called Transformations

The striking images of Ethiopians then and now refleet the transformation of a people from poor and hungry, rural and largely illiterate to well-nourished urban members of a modern, democratic society

To highlight how quickly such a dramatic absorption has occurred, Rosen showed a photo of a mother with the infant she bore just hours after arriving in Israel, juxtaposed with the family at the boy's recent Bar Mitzvah. Not all is rosy, however. Rosen noted that the family was unable to afford a celebratory Bar Mitzvah party.

Although many Ethiopians work at menial, low paying jobs, Rosen claims their problems are economic rather than caused by racism. Like immigrants everywhere, they are starting at the bottom, but are making inroads.

The young people are better educated, serve in the army, and are becoming completely integrated into Israeli society, as the photographs clearly show.



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# Pnina Herzog dies

By Greer Fay Cashman Pnina Herzog, who mad

Pnina Herzog, who made history by becoming the first Israeli to be elected president of the prestigious and influential International Council of Women (ICW), passed away on Friday January 21 after a long illness.

Pnina was the wife of the late Ya'acov Herzog, one of the pioneers of the Foreign Service, the daughter-in-law of the late chief Rabbi Isaac Halevi Herzog and the sister-in-law of former president Chaim Herzog.

A great personality in her own right, she sat on the executives of numerous organizations.

Most recently, she stepped down from the presidency of the ICW after completing a second term. She was also the immediate past president of World Emunah.

Born in Tel Aviv to pharmacists Zalman and Freda Shahor, the young Pnina was sent to study at Manchester University in 1946, and graduated with a degree

in pharmaceutical chem-

She was privy to the details of all of her husband's work, including clandestine meetings with Arab leaders such as King Abdullah of Jordan.

After sufficient material relating to Ya'acov's work was declassified, she commissioned Ben-Gurion's biographer, Michael Bar Zohar, to write his biography. It was published a year ago.

Deeply committed to health and women's issues. Pnina Herzog was best known for her significant achievements at the United Nations' World Health Organization (WHO). where she was active for more than two decades. There, she succeeded in winning over representatives of Muslim countries hostile to Israel, by persuading them that her causes political transcended houndaries

Her career at the WHO

of senior positions that she held at the Health Ministry as well as with her work for the ICW, including being the ICW's permanent representative at the WHO.

In 1993, when she was deputy director-general of the Health Ministry, she was elected to the WHO's executive.

A year later, she was elected first vice chairman of the WHO and in 1996 was elected a member of the organization's Standing Committee of the European Region.

Through her work at the Health Ministry, she was responsible for developing a vast network of bilateral relationships with numerous countries in various fields of health and medicine.

She retired from the Health Ministry in 1998, but not from public service.

Aside from the causes that she herself held dear, she set up projects and scholarships in memory of her late husband and nurtured many of the causes



Pnina Herzog (left), wife of then Israeli Ambassador to Canada Ya'acov Herzog; Joan Comay; Olive Diefenbaker and Freda Lithwick at an Ottawa Hadassah-WIZO 1962 Medical Services Luncheon. Pnina Herzog recently passed away after a long illness. Condolence cards and contributions may be sent through the Canadian Friends of Herzog Hospital. (Courtesy: Ottawa Hadassah-WIZO fonds, Ottawa Jewish Archives)

that had been important to him and to his parents.

A woman of great intellect, poise and dignity, and a superb hostess, she would have been described by Victorian novelists as a woman of breeding.

She never gave a speech without doing her homework; and in her various capacities, gave speeches all over the world.

She is survived by her daughters Shira, executive vice-president of the Calgary-based Kahanoff Foundation and a regular columnist on Israel affairs for *The Globe and Mail*; and

and a Eliezra, a highly respected would Bible scholar; son Isaac, an expert in law and grandson Jackie.

(©) The Jerusalem Post

Editar's nate:

Many in aur cammunity fandly remember Pnina Herzag from the time her late husband Ya'acav was Israeli Ambassador ta Canada in the 1960s.

After Ya'ucav Herzag

died af meningitis in 1972, friends and family established and dedicated the Ya'acav Herzag Center far Brain and Psychiatry Research at Herzag Haspital.

Candalence cards and cantributians may be sent by cantacting the Canadian Friends af Herzag Haspital at 416-256-8222, ar e-mail Herzaghasp@an.aibn.cam.

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# Mazal Tov!

### Engagedt

Debi and Roger Fina together with Lydia and Tibor Ringwald are delighted to announce the engagement of their children, Aaron Levine and Vivan Ringwald. A wedding is planned for the fall of 2005.

### Engaged!

Ellie and Max Greenberg are pleased to announce the engagement of their daughter Penny Raehel to Dan Berchuk, son of Ginette Raphael and Gail and Bob Berchuk of Toronto. A summer wedding is planned.

# -Mazal Tov-

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# First for Congregation Beth Shalom: Bat Mitzvahs held, more planned

By Benita Katz

For the first time ever, a Bat Mitzvah took place in Ottawa's oldest synagogue – Congregation Beth Shalom.

On November 6, 2004, not one, but nwo girls celebrated their Bat Mitzvahs in a double ceremony. Jessica Cantor and Sonya Bettman, Grade 7 students at Hillel Academy, have started a trend.

In fact, a record four girls were Bat Mitzvahíd that month. Jenna Katz celebrated her special day on November 20 in a Mincha Ma'ariv service, and Sarah Boivin marked her event on November 27. Jenna is in Grade 8 at D. Roy Kennedy School, and Sarab attends Grade 8



Bat Mitzvah girls (from left to right): Sonya Bettman, Jessica Cantor, Sarah Boivin and

at Summit Alternative

The whole process started about a year earlier, when each of these girls began thinking of having a Bat Mitzvah.

The four girls began weekly lessons with Cantor Daniel Benlolo who had recently moved to Congregation Beth Shalom after the downtown synagogue made a philosophical shift that included mixed seating and allowing girls to experience a Bat Mitzyah.

What transpired was obvious to the cantor and the girls' parents. A friendship was formed amongst the girls that heightened the whole experience of their preparations.

The Bat Mitzvahs were special in that they were tailored to each girl's personality and the desires of the families.

"We tried to mould them to suit each girl, within the parameters of what is allowed by the synagogue," explained the cantor. "This is where we are, and the synagogue's leadership is very proud. It is good for everyone."

Cantor Benlolo is exuberant about the precedent set by Jessica, Sonya, Jenna, and Sarah.

"I'm hoping it will continue. I want the Bat Mitzvah girls to have a say in how their day is developed. This sets a standard forwomen in decision-making

within the structure of Beth Shalom."

In fact, the response has been beyond what was hoped for. Between September 2004 and August 2005, 11 Bar Mitzvahs and eight Bat Mitzvahs were booked; between September 2005 and Fall 2006, 3 Bar Mitzvahs and 3 Bat Mitzvahs have been booked. Many of these bookings are new members to the synagogue.

Long-time Beth Sbalom member Isabelle Cantor, Jessica's mother, sees a change in the synagogue's atmosphere. "Because the synagogue is in transition, every member counts, no matter what their affiliation or history,"



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# Adath Shalom remembers long-time member Phil Hauptman

By Susan Robertson
When long time Adath
Shalom member Phil Hauptman passed away in July
2003, congregants found a
special way to honour his
memory.

Each year, Adath Shalom's Social Action Committee designates a recipient for donations to the Social Action Fund. For 2003/2004, they wanted donations directed to an organization or project that would hold special resonance for Phil and his family.

At the same time as Adath Shalom was looking for a special project to honour Phil Hauntman's memory Tamir. an organization dedicated to assisting people with developmental disabilities, wanted produce specially designed Shabbat and Memorial booklets for its participants. The match also seemed ideal because Phil Elaine Hauptman's daughter Alison works at Tamir, and Meredith, Alison's sister-in-law, is a Tamir participant.

Adath Shaiom pledged to fund \$1,500 of the anticipated \$2,500 cost for spiral bound, laminated, booklets.



Tamir participants say the blessing over the candles during their regular Friday night Shabbat dinner get-together.

Donations to the Social Action Fund surged, and it now appears Adath Shalom's contribution will be closer to \$1,700, a testament both to the memory of Phil Hauptman and the worthiness of the cause

The Shabbat booklet was designed as a resource to be used during the Friday evening Shabbat service in the Tamir homes. The content of the booklet includes

preparing the home, blessings in Hebrew, English and transliteration, songs, stories, and suggested activities for honouring the Shabbat.

The Tamir Memorial Booklet was designed as a resource to be used in both formal and informal settings. This booklet can be used during memorial services held in the synagogue, or informal private services. This is an invaluable educational resource for teaching the participants about the Jewish laws and practices related to death and mourning.

Tamir has held private memorials services for participants and staff, and has made this resource available to other Jewish Service providers.

What began as a simple, but much valued financial contribution, has grown into a relationship. There are



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## Notes from Israel



Over 250 people enjoyed a Musica Ebraīca concert at Congregation Agudath Israel. Under the direction of guest conductor Jane Wood, the choir performed mainly Israeli music, both new and old. The concert featured a salute to the late Naomi Shemer – famous for composing Jerusalem of Gold and renowned Israeli poet Natan Yonatan. Other composers featured were Yehezkel Braun. Yoay Sharabi and Sara Shoham.

(Photo: Svivia Klein)



### Florida event attracts Ottawa Snowbirds

For the first time ever, 80 Ottawa Snowbirds gathered for the Ottawa Jewish Community Winter Gallery luncheon event at the Elaine Baker Gallery in Boca Raton, Flonda.

Co-chairs Dorothy Nadolny and Ruth Viner welcomed the guests and introduced Irving and Chick Taylor, co-chairs of the Ottawa Jewish Community Endowment Campaign.

The Taylor brothers explained why they agreed to take on this task.

"If we don't do for ourselves, who will and if have been raised."

not now when? We have the ability to influence the future of the Jewish community by the deeds we do now."

The highlight of the event was a 10-minute video depicting 115 years of Jewish life in Ottawa.

The Ottawa Jewish Community Endowment Campaign hopes to raise \$25 to \$40 million in order to preserve and perpetuate the work of the many agencies of our community.

"So far," Chick Taylor announced, "\$12 million



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# Luxenburg: Painting her way around the world

By Sharon Abron Drache

The 79th annual juried exhibition of The Canadian Society of Painters in Watercolour has announced that Shervi Luxenburg's painting "A Shady Lunch in Rome, Italy" has won admission to its "Open Water" Exhibition.

The Canadian Society of Painters in Watercolour was founded in 1925 out of the commitment of 12 influentiai artists, including Fred Brigden and Group of Seven members Franklin Carmichael and A.I. Casson. The society's mandate is "to encourage and nurture watercolour excellence."

Luxenburg is reaping the rewards of years of hard work doing what she loves painting outside with a sketch book, capturing shades of illusive light and shadow, while preserving architectural realism

With an airbrush, Luxenburg can make people in the foreground look as if they are moving, while the backdron remains stationary. "Using an airbrush is one of my distinctive techniques which is atypical for a watercolourist," she says. The other unique technique she employs is "grainy watercolour"

"I use a granulating medium which splits open the pigment, and it makes the image appear grainy, creating a textural effect."

"A Shady Lunch in Rome, Italy" is part of a series of eight different piazza situations. This particular piece took Luxenburg a month to paint, much less time than her wondrous centerpiece contribution called "Diversity" for the Jewish Community's Intergenerational Millennium Mural, which took her eight months, and currently hangs prominently to the right of the staircase near Viva's in the reception area of the Soloway JCC.

"Diversity" is a painting made up of six canvasses which features 39 portraits of people living in Ottawa's year 2000. "Despite the particpants' common heritage, each of the six constellations of figures pays tribute to individual communities, who do not regularly interact with one another. Within Judaism we are all one, and to have 'one people' as my theme for "Diversity" meant a lot to me as a painter - 1 feel really privileged to have been part of the project."

Eight of Luxenburg's paintings are part of the permanent collection of the Montreal Memorial Holocaust Centre - two from 1997 exhibition. "Children on Route to Auschwitz," and six from the 1999 exhibition called. "The Streets of Warsaw Pre-1939," Of the latter, she says, "It was important for me to paint the streets of Warsaw before Jews lost their civil rights.

"I am becoming very emotional bere - we have family members who survived the Holocaust, I took Jewish community in the some family albums and

studied them and then 1 went to Warsaw. I tried to canture how life was so prosperous and thriving before World War II and Polish Jews had everything. and a political regime came along and destroyed everything they had."

Born and raised Orthodox in Montreal, Luxenburg attended the same branch of Talmud Torah whose library was firebombed last year. She moved to Ottawa 27 years ago. At first she belonged to Beth Shalom, but then, "I changed my philosophical orientation and I joined the Reconstructionist Hayurah" Luxenburg served on the ORH steering committee for a limited term of one year in 2002.

Luxenburg has recently done a series of streetscapes set in her own neighbourhood. They feature Bank Street's shops in the Glebe. Her works were featured in the October 2004 issue of The Glebe Report



"A Shady Lunch in Rome, Italy" is part of a series of eight piazzas Luxenburg has painted.

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# Torah Academy and SJCC 6th Annual Chinese Buffet and Auction Feb. 12

The 6th Annual Chinese Buffet and Auction, sponsored by Torah Academy of Ottawa and the Soloway Jewish Community Centre, will be held Saturday, February 12, 8:00 pm at the SJCC.

There are more than 50 prize packages to be won, including a trip to Israel. airfare for two to anywhere in Canada or the US electronics, furniture and more. In addition, there will be

tional bids in a silent auction and many door prizes. Plus a Chinese Buffet will be served

In past years, approximately one out of every three participants won at least one prize. Last year, one couple won 11 different packages. As one regular participant says, "The more tickets you buy, the more you win."

The "Chinese Auction"

items available for conven- itself is an exciting program where you buy tickets for the prizes you want to win. Your chances of winning are dependent on how many other people put tickets in for the same prize. Throughout the evening, there will be 54 different draws for the main prizes. A brochure featuring the prize packages was featured in the last issue of the Ottawa Jewish Rulletin

> Another unique feature of the auction is that even if you

cannot make it to the event itself, you can still participate with an equal chance of winning. Tickets for the prize packages can be purchased in advance

Ticket prices for the evening are \$18 in advance and \$20 at the door. Reservations can be made for tables of 10 in advance. Tickets are available at the SICC and Torah Academy. For more information or to reserve tickets call 274\_0110



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With best wishes for a Merry Christmas to Lynn McFarlane by George and Gail Driscoll

With love to all of the Good Friend Family from the Rosenberg Girls, Betty, Trudy and Malka

Wishing Norm and Debbie Ferkin the best of luck in their new pharmacy location by Sandy Shapero and Brian Moriaty; by Barbara Greenberg and Barry Bokhaut; and by Linda and Stephen Weiner

Donation cards can be purchased for a minimum charge of \$12.00 by contacting the Tamir office at 725-3519, 11 Nadolny Sachs Private, Suite 218, Ottawa, Ontario, K2A 1R9, or by e-mail to annemaia@tamir.ca.

# Accords negotiators

(Continued from page 4) other international players like the EU or the UN must be engaged also. He also said he could envision a situation in the future where the international community would impose a solution on the parties.

"The solution to the conflict is clear. Eventually, if the two parties cannot get to an agreement, one might be imposed from the outside."

Since the introduction of the Geneva Accords, much effort has been extended to familiarize the Israeli and Palestinian publics with its details and gauge their responses.

In Israel, recent polls showed that support for the various sections of the Geneva Accords stands between 40 and 50 per cent, said Klein.

On the Palestinian side,

support is somewhat higher. at 56 per cent, Al Jubeh said.

One of the most sensitive points of any final status agreement is the question of Palestinian refugees.

"The Geneva Accords has separated the question of justice and rights from the issue of implementation," said Al Jubeh, explaining that it contains only practical solutions without discussing responsibility.

Refugees can either go back to the new Palestinian state, go to a third country, stay in their present host countries or settle in Israel in limited numbers under the sole discretion of Israel.

The lecture was co-sponsored by Canadian Friends of Peace Now and the history and political science departments of Carleton



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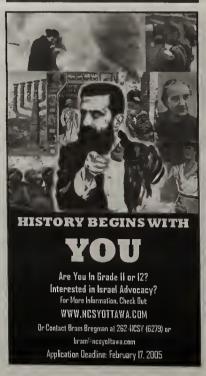


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Recently, the Jewish a capella group Pizmon performed for Jewish communities in Argentina and Uruguay.

# Pizmon a capella choir to perform

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Pizmon is the Jewish a capella group of Columbia University, Barnard College, and the Jewish Theological Seminary. The first Jewish college a capella group ever assembled Pizmon comprises 14 college students

While they are a diverse group, with members originating from nearly every background and Jewish denomination, they have one common goal - Jewish outreach through music.

Pizmon has travelled to hundreds of communities in the New York Metropolitan area, across North America and around the world to offer lewish music as a source of inspiration and community outreach.

During a typical academ-

for more than 50 audiences ranging from Jewish day schools, community wide concerts and homes for the elderly.

In the early nineties, Pizmon added what is now called Musical Outreach Initiative. During their Spring Break, instead of vacationing like most students their age, they travel to different communities around the globe to sing and provide Jewish outreach through music.

Last year the group ventured to the Jewish communities in Argentina and Uruguay to help boost morale in Jewish neighborhoods. Their physical presence and the fact they were connecting with the children through Jewish music shows their solidarity with the unfortunate who were dealing with the Argen-

tinean economic crash. The Adult and Youth Departments of Congregation Agudath Israel in conjunction with Hillel Acade- \$15 for adults and \$10 for my are thrilled to present Pizmon to the Ottawa Jewish community on Saturday, February 26 at 7:30 pm.

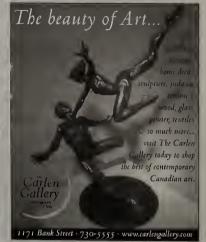
The concert will be held at Agudath Israel, 1400 Coldrey Avenue. Tickets are

students and may be purchased by calling 728-3501.

While in Ottawa, Pizmon will also be delighted to perform for the students at Hillel Academy and the residents at Hillel Lodge.



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Evelyn Hoffman With love on your very special birthday by Betty and Sid Finkleman.

Ingrid Levitz Thank you for all your support by Zelda Zelikovitz.

Lillian and Mark Zunder Mazai Tov on your grandson's Bar Mitzvah by Phyllis and Bill

Betty Leibhoff Wishing you a happy birthday by Evan, Carole and Miriam Diamond

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Naomi Pearlman by Debbic and Stephen Schneiderman

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A generous donation to the Ritual Fund has been made by Steven Rubin.

To Honour the Yahrzeits of their parents: Abraham Saslove, and Pauline and Harry Rip by Brenda, Jerry and Eytan Rip.

### The Music Therapy Program

In Honour of:

Steve Shapiro Love and best wishes on your birthday by Paula and Manny Agulnik.

Judge Shep A. Zebberman Mazal Tov, your Honour, we remain very proud! by Aunt Paula and Uncle Manny Agulnik. In Memory of:

Freda Borrow by Paula and Manny Agulnik. Al Shapiro by Beth Roodman and Morton

Roodman. Sarab Resnick by Paula and Manny

Agulnik Rachel Nadolny by Paula and Manny Agulnik.

Freda Radnoff by Paula and Manny

### R'Fugh Shloma

Jerry Penso Best wishes for a speedy recovery by Paula and Manny Agulnik.

### The Residents'Feeding Program

In Memory of:

Freda Radnoff by Ingrid and Gerry Levitz: and Heidi and Stephen Polowin.

Rachel Nadolny by Ingrid and Gerry Levitz Sarah Resnick by Ingrid and Gerry Levitz. Sam Kardish by Susan Krongold R'Fugh Shlema

Arlene Isenberg by Ingrid and Gerry Levitz

# The Recreation and Therapy Program

In Honour of:

Brenda and Nathan Levine Mazal Toy on your son's Bar Mitzvah by Elayne, Farley, Jordan and Benjamin Stenzler.

In Memory of:

Freda Radnoff by Marilyn Adler. Sylvia Reiche by Marilyn Adler. Sarah Resnick by Marilyn Adler Ettie Morris by Marilyn Adler Marcia Palef by Marilyn Adler.

R'Fuah Shlema:

Lillian Kimmel by Elayne, Farley, Jordan and Benjamin Stenzler

### HONOUR FUNDS

Unlike a bequest or gift of life insurance. which are realized sometime in the future, a named Honour Fund (i.e., endowment fund) is established during your lifetime.

By making a contribution of \$1,000 or more, you can create a permanent remembrance for a loved one, honour a family member declare what the Lodge has meant to you and/or support a cause that you believe in.

A Hillel Lodge Honour Fund is a permanent nool of capital that cams interest or income each year. This income then supports the priorities designated by you, the donor

### The Abe Dubinsky Memorial Fund R'Fuah Shlema:

Abe Hochberg by Bea Dubinsky.

### The David, Harvey and Victor Kardish Family Fund

In Memory of: Sadie Waserman by Margo, David, Aaron and Gail Kardish.

### The Morris and Lillian Kimmel Family Fund

Sylvia Kalman Happy and healthy 80th birthday by Brenda, Nathan, Jesse and Daniel Levine: and Lillian and Morris Kimmel.

The Taller Family Mazal Tov and good luck in your new home by Lillian and Morris Kim-

R'Fugh Shloma

Lillian Taller by Lillian and Morris Kimmel. (Continued on page 22)

THE LODGE EXPRESSES ITS SINCERE APPRECIATION FOR YOUR KIND SUPPORT AND APOLOGIZES FOR ANY ERRORS OR OMISSIONS. DUE TO SPACE LIMITATIONS, THE WORDING APPEARING IN THE BULLETIN IS NOT NECESSARILY THE WORDING WHICH APPEARED ON THE CARD.

### GIVING IS RECEIVING – ATTRACTIVE CARDS AVAILABLE FOR ALL OCCASIONS

Here's a good opportunity to recognize an event or convey the appropriate sentiment to someone important to you and at the same time assist the Lodge. Card orders may be given to Phyllis at 728-3900, extension 111- Tuesday, Wednesday and Thursday 9:30 a.m. to 3:30 p.m. or Sarab Beutel - Monday or Friday - 9:30 a.m. to 3:30 p.m. You may also e-mail your orders to phyllis@hillel-lic.com. E-mail orders must include name, address, postal code, and any message to person receiving the eard; and, amount of donation, name, address and postal code of the person making the donation. Cards may be paid for by Visa, Mastereard, American Express, Cheque or Cash. Contributions are tax deductible.

# Davis: instilling Canadian pride through music

By Katy Peplinskie

One of Deborah Davis' most vivid childhood memories is of watching televised American theatre productions

"Everything was so Davis, elamourous and over the top," she says, "I fell in love with them ... I knew I wanted to be part of something magical like that."

"Music's in my blood," Davis continues. "My grandmother was an opera singer in Argentina, and everyone in my family sings or plays the piano, so it's natural that I, too, have an affinity for music."

So, after getting her bachelor of arts in organizational psychology from McGill University, Davis began performing for Arts Alive and Jewish day camps, and doing other small-scale performances. She didn't feel fulfilled though, since her writing and producing skills were going untapped.

She also longed to teach, and started brainstorming

ways to use music as a teaching tool.

"I wanted to show how live musical presentations can stimulate, inspire and inform students."

And so Changa Productions was born and Davis began writing, producing and acting in theatrical musical productions for children.

Her first major work was What Is This Thing Called Jazz?, a look at the evolution of jazz

She says it makes people aware of "the important ... influences of jazz on American history ... and of the influences of historical, cultural, social and technological events on the development, progress and popularity of the music."

Davis' Satin Dolls contimes with the theme introduced in What is This Thing Called Jazz?. Satin Dolls is a musical portrait of the life and times of some of the greatest women of American Jazz



Deborah Davis

"How many people know about Billy Holiday's

Fitzgerald was homeless before auditioning at the sad demise, or that Ella Apollo?" Davis asks.

"These are facts people learn by seeing Satin Dolls"

"The show was worth five times the price of admission one of the hest productions presented at the NAC," says Professor Gerry Cammy, professor of history at Heritage College and a CFRA Radio talk show host.

A Musical Taste of our Canadian Heritage is Davis' latest creation It begins more than 10,000 years ago with the drumbeats and voices of First Nations and Inuit throat singers, then goes on to highlight the development of Quebecois, Celtic, Acadian, jazz, pop and rock music.

"It provides [people] with a very personal experience," explains Davis. "It's inspiring and uplifting to watch a production that tells your story."

As David Pratt, a former member of parliament, says, it instills a strong sense of patriotism in Canadians, a group often Davis (321-2066).

identity: "Ms. Davis helps Canadians ... take pride in their musical heritage."

A Musical Taste was the National Capital Commission's feature evening presentation for over 125,000 people on Parliament Hill on Canada Day, 2001.

An audience of dignitaries, diplomats, educators, university principals, politicians and high-ranking bureaucrats also saw the show at an international conference on Learning as a Lifelong Tool, presented by HRDC and the OECD at the Fairmont Château Laurier hotel

Now, Davis' goal is to make A Musical Taste into a permanent national tourist attraction. All levels of government support Davis in her hid touting it as an excellent draw to attract more foreign visitors to the capital.

For more information on how to get involved with A Musical Taste contact



Working with our families and the community to enhance the quality of life and care of the men and women who call

Hillel Lodge home

(Continued from page 21)

The Moe Greenberg and Elissa (Greenberg) Iny Endowment Fund In Honour of:

Beverly and Danny Cantor Love and best wishes on the birth of your grandson by Elissa and Avraham Iny and Family

Cally and Sld Kardish Love and best wishes on the birth of your grandson Robert by Elissa and Avraham Iny and Family. In Memory of:

Freda Radnoff by Elissa and Avraham Iny

The Rosiyn and Myles Taller Family Endowment Fund In Honour of:

Roslyn and Myles Taller Thank you for all your love, support and allowing us to hang our hat by Julia Pablo and Emana

Roslyn and Myles Taller In appreciation by Edith Sporn, Sonja and Ron Kesten.

Sarah Resnick by Roslyn and Myles Taller. Frances Saxe by Moe Segal. Marvin Schechter by Moe Segal.

The Anna and Sam Wex Family Fund

Cally and Sid Kardish Mazal Tov on the birth of your grandson Robert by Anna and Sam

In Memory of:

Cecll Malinoff by Anna and Sam Wex. R'Fuah Shlema:

Paul Lordon Wishing you a speedy recovery and full recovery by Anna and Sam Wex

### THANK YOU

The Auxiliary is an incredible group of dynamic women who have significantly and successfully enhanced the quality of life and care at Hillel Lodge. As we look back over our 50 years, we remember that the Auxiliary has been there since the very beginning.

Every year the Lodge submits a "wish list" to the Auxiliary and every year they make our wishes come true. Recently the Lodge received the following items: overbed tables, new mattresses, a state-of-the art resident nutritional monitoring system, a new bingo machine and support for the Aquarium program. These gifts are in addition to their ongoing support of special programs and holiday celebrations.

These wonderful gifts were made to honour a former Auxiliary President, Thelma Steinman (of blessed memory). These gifts come from the proceeds of their annual tea and the most beautiful gift shop

We recognize and salute the Auxiliary for their ongoing efforts and tremendous achievements. We encourage everyone in the community to visit the Auxiliary Gift Shoppe, meet these wonderful women and appreciate the value of what they offer.

The residents and their families extend sincere appreciation to these individuals and families who made card donations to the Hillel Lodge Long-Term Care Foundation between December 20, 2004 and January 20, 2005.

# Celebrate new Jewish month with Torah Academy

A visitor to the Junior Kindergarten of Torah Academy of Ottawa on Rosh Chodesh Shvat (the first day of the Jewish month of Shyat) would have found 12 boys and girls elbow deep in finger paint.

Under the guidance of their loving Morah (teacher), each child carefully transferred the image of their painted arm and hand onto a large piece of paper. In this way, the students created long tree trunks with their with their fingers.

Luscious fruits were added as a final "touch" to this project, which launched the month of Shyat with its focus on Tu B'Shvat, the New Year for trees.

"Kicking-off" the new lewish month is but one of many educational, fun and exciting activities that characterize daily life in Torah Academy's Early Childhood Program. Progressive educa-



Students look forward to Rosh Chodesh Shabbos party.

ungrading of the Torah Academy kindergarten's physical component as well

In the past two years, the arms and beautiful branches spacious and cheery classrooms that house the kindergarten have become home for over \$10,000 of new indoor play and learning equipment. Additionally, a brand new \$30,000 play structure was instailed in the schoolvard just in time to greet students as they resumed school in September.

The school has decided to make "Rosh Chodesh kickoff" a regular feature that will be open to all youngtional activities parallel an sters, ages 3-5. The inaugural awaiting your arrival! 44.

Rosh Chodesh program will take place in conjunction with a Shabbos party on Friday, February 11, 2005 at 11:00 am, to celebrate the arrival of the Jewish month of Adar.

The Shabbos party will include the Junior and Senior Kindergarteners and guests. All will take part in a creative, hands-on activity and light refreshments will be served. The program is free and everyone is welcome. Drop by and be greeted by Torab Academy's carly childhood division and their teachers who are eagerly

Join us on a week of Discovery

# 2005 UJA **Community Mission** to Israel



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Track II - Repeaters

(people who have already been on UJA Missions)

Track III - Study Trackers

(Learn Talmud & Torah, walk in the footsteps of our forefathers)

Minimum gift \$500.00 per person to UJA Campaign 2005 required for participation. Mission cost: \$2,990.00 (all inclusive)

Mission Chairs: Neil Shinder, Barbara Crook & Ron Prehogan

For more information on Israel Mission 2005 contact Marty Davis 798-4696 ext 258 mdavis@jccottawa.com

# Soloway JCC

# **March Break Fun!**



### March Break Camp

(Kindergarten - Grade 6) An action-packed week of fantastic activities: games, sports, swimming, crafts, theme days and outings. Grouped by age, for a great time. Choose any number of days. March 14 - 18, 8:30 a.m. - 4:00 p.m.

Members: \$30 / day Non-members: \$45 / day 2nd Child: \$35 / day Info: Gail Lieff, 798-9818, ext. 303 glieff@jccottawa.com



### **NEW! Sports Camp**

(Grades 2 - 7, grouped by age)
Five exciting days of sports, including basketball, volleyball, soccer, t-ball, badminton, swimming, archery, fencing, iacrosse, handball, wave pool, bowling & more. March 14 - 18, 9:00 a.m. - 3:45 p.m. Members: \$130 Non-members: \$160 Info: Jon Braun, 798-9818, ext. 267 jbraun@jccottewa.com



### **NEW! Mont Tremblant Ski Trip**

(Grades 7 - 12) A great day of skiing and fun on an excellent ski hill, A great day of skiing and ski lift ticket included. with bus transportation and ski lift ticket included. Wed., March 16, 8:00 a.m. - 5:00 p.m. Members: \$120 Non-members: \$140 Info: Jon Braun, 798-9818, ext. 267 jbraun@jccottawa.com



Soloway Jewish Community Centre 21 Nadolny Sachs Private, Ottawa, ON K2A 1R9 613-798-9818 / Fax: 613-798-9839 www.jccottawa.com

### Halibut with Capers. Olives and Tomatoes

This recipe comes from the April 2004 issue of Bon Appetit Magazine

Halibut is the perfect fish for people who claim they don't like fish, as it is very moist and mild tasting, not at all "fishy."

I like to serve this with a salad and a crusty baguette to soak up the juices of the sauce

A six-ounce halibut fillets

salt and pepper

1/2 cup all-purpose flour

3 tablespoons olive oil, divided

2 large shallots, finely chopped

1/4 teaspoon dried red pepper flakes

4 plum tomatoes, seeded and diced 1/2 cup kalamata olives, pitted and quartered

I tablespoons drained capers

1/2 cup dry white wine

1/2 cup chopped fresh basil

Season halibut lightly with salt and pepper. Dip fish into flour and coat well on all sides. Shake fish to remove excess flour

Heat 2 tablespoons olive oil in heavy large skillet over medium-high heat. Add fish and sauté until lightly browned and just opaque in the centre, about 4 minutes per side. Transfer fish to a platter and set

Using the same skillet, without washing it out, heat the remaining tablespoon of olive oil. Add shallots and red pepper flakes and sauté for about 1 minute.

Mix in tomatoes, olives and capers. Add white wine and boil until sauce thickens slightly, about 4 minutes. Mix in fresh basil.

Taste sauce and add salt and pepper if you think it

Spoon sauce over fish and serve.

# Broken telephone fish dish delicious

Remember playing the game broken telephone when you were a child? Everyone would sit in a circle and the first person would whisper a sentence into the ear of the person sitting next to them. That person would pass the message on to the next person and so on. After the last person had their turn, the laughs began. It was always so funny to hear a sentence such as, "to stay young, the doctor said to exercise and eat the right foods" morph into, "to stay young, the doctor said to accessorize and buy nice shoes."

Now what, you may ask, does this have to do with fish? I was asking my sister Faith if she had any good fish recipes and she said that our sister Bonnie had given her a great recipe. She said she didn't write it down and had to rely on her memory, so it wasn't exactly as Bonnie had given it, but it was quite



It sounded delicious to me, but since I was in a big rush to pick up the kids at school, I didn't write it down. Here it is then, from my memory, which, as my children will attest to, is nothing short of pathetic. This fish recipe, for sesame salmon, is anything but. I must remember to call my sister Bonnie and see just how different my version is from hers.

### Sesame Salmon

This is a great recipe to prepare for company. You can prepare the fillets ahead of time up to the point where they are coated in the sesame seeds. They can be refrigerated for up to 4 hours and then baked just before dinner. I like to serve this with basmati rice, which has been cooked in coconut milk instead of water. Faith says it goes very well with oven-roasted asparagus.

### Marinade:

Zest of 1 lime

buice of I lime

2 tablespoons orange juice

1 teaspoon sesame oil

2 tablespoons honey

1/4 cup soy sauce

1/2 - I teaspoon Tabasco 1 clove garlic, finely minced

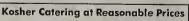
1 tablespoon grated ginger 1/4 cup fresh mint, coarsely chopped 4 (6 ounces each) salmon fillets, skin on

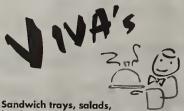
salt and pepper

1/2 cup sesame seeds (a mixture of white and black

Preheat oven to 400 degrees F. In a rectangular Pyrex baking dish, mix together marinade ingredients. Place salmon fillets, flesh side down, in marinade and set aside for about 15 minutes. The fish should not marinate for too long as the acid in the lime juice will begin to cook the fish.

Line a rimmed baking sheet with parchment paper or foil. Place sesame seeds on a large plate. Remove salmon fillets from the marinade and season lightly with salt and pepper. One at a time, coat sides and top of each piece in the sesame seeds, pressing lightly so that they adhere to the fish. It is not necessary to coat the skin side. Place coated fish fillets on rimmed baking sheet, skin side down. Bake for about 10-15 minutes in preheated oven, until salmon is just done.





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# Nurture your child's spiritual side

Babies and toddlers live in a "me"-centred world in which everything serves two basic needs: physical and mental survival, and development. Board books are an ideal addition to that world, stimulating growth on several levels.

Because they are small, thick, and almost indestructible, children can use hoard books as toys to develop physical control of objects.

And, because they are written and illustrated simply and cheerfully, board books help children form mental images of their world, of what is important in it, and how to relate to it emotionally.

How Did the Animals Help God? By Nancy Sohn Swartz Illustrations by Melanie Hall Skylight Paths 2004 Unpaged Ages 1 - 4

I was amazed to read the following sentence in a note on "Exploring Spirituality With Your Child" printed on the inside cover of this book: "As spiritual development experts now tell us, each child develops an image of God by age 5, with or without religious instruction." Wow!

It seems only fair, then, to review *How Did the Animals Help God?* in that context. What image of God is presented and how does that image contribute to a child's spiritual development?

The story itself is a simple retelling of Creation, with a midrashic add on for humans. God is first presented as the cmnipotent sole Creator of heaven, earth, plants, fish, birds, and animals. God is also the Judge of what is good.

Then God changes. God invites the animals to share in the creation of humans, bringing spiritual development front and centre. As different animals suggest characteristics based on their strengths – brave, gentle, loud, quiet, small, large, fast, slow, swim, sing, playful, good appetite, etc. – children begin to understand what we, and God, are about

God accepts all the suggestions as the animals' gifts to humanity. In return God declares, "Humans will be partners with Me to care for you and all the world." One Creator with many helpers has emerged.

Caring and sharing, loving kindness, those same nurturing qualities we hope all children experience from the moment they are born have now become the hasis for their image of God and their relationship with their world.

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# Kid Lit

Deanna Silverman

In all respects, How Did the Animals Help God?, is an awesome hook. Textually enchanting, visually vibrant, and spiritually/emotionally enriching, it celebrates the uniqueness and interconnectedness of all living things with the deft caress of a security blanket.

Let's Visit Israel By Judye Groner Pictures by Cheryl Nathan Kar-Ben Publishing 2004 Unpaged Ages 1 - 4

Let's Visit Israel, a mini travelogue, is presented by a young boy who mirrors the "Let's" of the title by starting with the

Inclusiveness, simple action verbs, and concrete images combine to capture children's attention.

The concrete images and activities just happen to be connected with Israel, Flying on a jet plane. Going where? To Israel. Climbing hills in a bright yellow hus. Going where? To Jerusalem. Walking on rocky walls. Where? In the Old City. Riding on a tractor. Where? On a kibbutz. Etc. What child wouldn't accept the hoy's story-ending invitation, Let's Vista Israel!



From Let's Visit Israel

Bible Heroes I Can Be By Ann Eisenberg Pictures by Rosalyn Schanzer Kar-Ben Publishing 2004 Unpaged Ages I - 4

In Bible Heroes 1 Can Be a young girl notes similarities between key actions or possessions of hiblical personalities and what she can do or has. Noah built an ark. The girl builds a sand castle. Abraham and Sarah welcomed guestis. She welcomes a playmate. And on the comparisons go through Rebecca, Joseph, Miriam, Moses, Joshua, Ruth, and King David.

Empowerment, identification, an introduction to biblical figures, and the context in which adults can tell more Bible stories - all that in this brightly illustrated board book.



# Judaic Outreach Programs February 2005

Leah Smith, Judaic Program Supervisor • 266-0544

Date	Program	Place	5:30 - 6:30	
Wednesdays	Hebrew 101 Rena Herman	Tamir Boardroom 11 Nadolny Sachs		
Wednesdays	Joys of Judaism Rena Herman & Leo Lightstone	Tamir Boardroom 11 Nadolny Sachs	6:30 - 7:30	
Wednesdays	Jewish Meditation Leah Smith & Cantor Benlolo	Tamir Head Office 11 Nadolny Sachs	6:30 - 7:30	
Tbursdays	Sing & Play Along Rena Herman	842 Broadview Fun For Everyone	3:30 - 4:30	
Thursdays	Tamir Choir Cantor Benlolo & Leah Smith	Tamir Boardroom 11 Nadolny Sachs	6:00 - 7:00	
Sunday February 13	Jewish Music & Songs Leab Smith RSVP	Rideau Regional Centre Smiths Falls	11:00 - 3:00	
Sunday February 13	Pizza & Movie \$5.00 Leah Smith	Tamir Boardroom 11 Nadolny Sachs	3:30 - 6:00	
Friday February 18	Community Shabbat Dinner RSVP Leah	Tamir Boardroom 11 Nadolny Sachs	5:30 - 8:00	
Wednesday February 23	G-d's Diet Kashrut Workshop Rabbi Blum	Tamir Boardroom 11 Nadolny Sachs	6:30 - 7:30	

# VOLUNTEER CORNER

Volunteer Corner is courtesy of the Vaad Ha'lr. All beneficiary agencies are invited to list their volunteer opportunities.

# Volunteer Opportunities JEWISH FAMILY SERVICES

JFS is asking for your help now!

- MOST URGENT NEED ever to replenish pool of VOLUNTEER DRIVERS for our senior clients' MEDICAL APPOINTMENTS. Florida, broken limbs and part-time jobs have resulted in declining driver numbers. We don't want to say no ... so PLEASE HELP!
- Gutten Tog Program Jewish seniors living in longterm care facilities express their sadness because they rarely receive visitors from the community, Can you help?
- February and March replacement Kosher Meals on Wheels Drivers urgently needed for only four Wednesdays to deliver hot meals to Alta Vista clients. Only 1 1/2 hours of your time required
- Free Fridays at 10:30 am? Can you drop off a few KMOW lunches to west end elients? Start 10:30 am and be done by noon or sooner.
- Swimming companion needed for visually impaired gentleman. Sunday afternoon outings to the pool with him would help you get fit too. Twice monthly.
- Early riser needed to make brief telephone connection (TELESHALOM) with a client. Check-in call lasts a couple of minutes. Invaluable for client, Five mornings a week.

Call Bev at JFS Immediately at 722-2225, ext. 304

# THE BESS AND MOE GREENBERG FAMILY HILLEL LODGE

Are you available weekday mornings or ofternoons? We need your help!

Call today to lend a hand at one of our programs.

Our Recreation Programs & Special Events – The fun stuff daily require assistance for portering and participating in activities and outings with the residents. Choose your event. Approx. 2 hours. Add your name to this call list.

 Oneg Shabbat program on Friday mornings ... needs extra help. If you're available from 9:45 to 11:45 am for portering and participating in song ... give us a call.

- Attend Shabbat Services and perform a Mitzvah at the same time! We are looking for young men over the age of 13 to assist residents and participate in the Services at the Lodge Synagogue, The Abraham and Dora Lithwick Chapel, on Saturday momings. 3 hours credit for community service available each visit. Call to register ... Fermale residents would also benefit greatly with assistance during Saturday morning Synagogue Services. Please call for further information.
- Attention High School students ... Volunteer hours for community service requirement available Sunday afternoons. Call to remister.
- Shopping/Medical Appointment Accompaniment be available to accompany residents who have no family to take them out. Scheduling will be at your convenience.
- Enjoy an afternoon helping in the Auxitiary Gift Shop
   Choice of shift on Sundays & Mondays.
- Entertainers Got a talent? Performers are welcome to apply and be enjoyed by all!

It's easy to lend a hand and a smile to our residents ...

Please call Cheryl Cogan, Co-ordinator of Volunteers at 728-3900 ext. 191. Or email ecogan@hillel-ltc.com Students wekome (please note: children under the age of 14 require adult accompaniment)

# To be or not to be ... Kosher

To be or not to be ... kosher? For many Jews, it's a decision they've already made. They either are, or they have chosen not to be. For others, it's deciding to what extent. Here are two books that tell you all you probably need to know about the subject. (You might even choose to never eat meat again!)

Kosher for Everbody: The Complete Guide to Understonding Shopping, Cooking, and Eating the Kosher Woy By Trudy Gorfunkel Jossey-Boss/ John Wiley & Sons Salicover, 2004

This could have been subtitled Kosher for Dumnies. It's a consumer's primer on every general thing you need to know about keeping kosher in America.

In the olden days, keeping kosher was far less complicated. And that's because keeping kosher bas become big business. With Muslims (six million in the States alone, according to Garfunkel; Middle East scholar Daniel Pipes suggests 2.8 million as of 2003), Seventh-day Adventists, and even some non-Jewish consumers all heading for the kosher meat departments these days, it's a \$7.5 billion industry in the U.S. alone. Over 9,200 companies are getting in on the kosher act with 80,000 products on the market and more being added daily, says the author. In other words, as Garfunkel points out with her stats, you don't bave to be Jewish to keep kosher.

In this quick and easy read, novices will learn: the basic dietary laws (did you know that the waiting period between eating milk after meat depends on local tradition?), what makes a product kosber (watch those additives!), a brief history of kosher foods in America (it all started in, where else, New York), the kosher symbols (a simple "K" doesn't guarantee you a thing), and what kosher products (the status of which can change) are available to the consumer.

Garfunkel also provides a kosher meat guide, one for wines and spirits, chapters for vegetarians and the lactose-intolerant with related kosher products, and a section devoted to recipes.

Travellers to the U.S. will find her source list for kosher hotels, resorts, travel agents and tour guides helpful. (This section takes up almost half the book.)

How to Keep Kosher: A Comprehensive Guide to Understanding Jewish Dietary Lows

> By Lise Stern HarperCollins Hardcover, 2004

Stern – Conservative in practice – presents both Conservative and Orthodox points of view on kashrut, with this book geared more to a Jewish audience than Garfunkel's. Stern also consulted the four most notable kashrut certifying agencies in the U.S. (although they number in the hundreds!), namely Star-K Kosber Certification, Organized Kashrus (OK) Certification, the Orthodox Union, and Kof- K Supervision Organization. The result: a more scholarly book than Garfunkel's (above), although similar in content and covering the same areas.

This book differs in its examination of the historical sources for kashrut as Stern cites excerpts from the *Tanach* (or Torah, Nevi'im, and Ketuvim), the *Talmud* and commentaries

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# The Book Beat

Kinneret Globerman

by our sages. Stern also explores what is meant by kashrut, how the different Jewish movements (Orthodox, Conservative, Reform and Reconstructionist) view it, the art of ritual slaughter and kosher basics (bosor b'chaluv or meat and milk; bitul or nullification, etc.). She also discusses how and when to kasher your kitchen (although advises it's best to have a rabbi help you with the process), discusses keeping kosher throughout Shabbas and the Jewish Festivals (again referring to scholarly sources) and then offers up some of her favourite

Because her book is only an introduction and general overview of Jewish dietary laws and traditions, albeit a quite thorough one, she provides a list of the best sources she's found on the tonic in books and on the Web.

Book Notes: According to Howard Schwartz, there is more to Jewish mythology than the Jewish mystical tradition encompassed in our kabbalistic texts. In his Tree of Souls: The Mythology of Judaism (Oxford University Press, Hardcover, 2004), he has produced a collection of 670 myths derived from six major Jewish sources and traditions: biblical, kabbalistic, folk, rabbinic, hasidic and pseudepigraphical (writings that are questionable ascribed to our propbets and patriarchs).

The professor of English and editor of numerous anthologies of Jewish tales has sifted through an enormous amount of material to prove his point. You'll recognize many 'myths' – the burning bush, the parting of the Red Sea, Ezekiel's vision – all arranged in 10 categories: myths of God, of Creation, of Heaven, of Hell, of the Holy Word, of the Holy Time, of the Holy people, of the Holy Land, of Exile and of the Messiah. With commentary on each myth presented (to explain it, put it into context, cite parallels to other traditions) and a listing of its sources (and 'lewish' is used broadly to include texts some might dispute as being typically or mainstream Jewish), Tree of Souls is a scholarly accomplishment and a fascinating read.

### At the Greenberg Families Library:

On Sunday, February 20, at 2 pm., the Ottawa Jewish Film Society presents *Time of Favour*, a sobering look at how religious fervor can devolve into violent fanaticism. This acclaimed Israeli drama (in Hebrew, with English sub-titles) of 101 minutes follows a Jerusalem military unit made up of the followers of a hard-line Orthodox rabbi. Free for all SICC and Library members with presentation of membership card. Call the Library for more information (798-9818, ext. 245).

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# Even fear has its uses

Flight or fight. Our primitive emotional response system is supposed to be handy for something.

In early high school, what scared me out of my wits, what made me break out into a cold sweat, was the prospect of having to talk to a girl aione. One terrible day, on the way to school, as I passed the subway station, I caught a glimpse of a girl in my class coming up the stairs and knew she would be behind me. I started to put on some speed.

Just at that moment I saw another girl ahead of me, approaching the next intersection. "Stay green, damn you," I cursed the god of traffic lights. But the light did not stay green. It turned yellow, she slowed down, it turned red, she stopped.

I was filled with panic. I stopped and pretended to stare with interest at a hospital entrance about 25 yards from the corner. But now the girl behind me was coming closer. The damn light was still red.

The girl at the corner turned to look back. I pulled up my collar and coughed, half covering my face. The girl behind me was now just 20 feet away. I feigned another coughing attack and held my heart, staggering up to the entrance to the hospital. I reached the door just as the girl behind me passed. I heaved a sigh of relief as I saw her reflection in the hospital door, moving on.

I pulled down my collar and wined the sweat from my brow

And ran smack into the girl who had passed me, waiting. "Hi," she said. "Are you all right? I came back because you didn't look well. Do you need any help?"

An icy fear gripped my soul. I was paralyzed.

"No," I gargled and coughed again.

She came forward and touched my arm.

"You really don't sound well. Where were you going?" I remembered I was at a hospital door.



# Humour me. nlease

Rubin Friedman

"I was going to see a doctor," I croaked. "Bad throat, bad cough."

She looked up at the hospital door and then at me, quizzi-

cally.
"But this is an orthopedic hospital where they fit people with artificial legs or arms. Why are you coming here?

"That's right," I countered quickly. "It's my arm. It's making me cough when I move it like this."

I moved my arm and coughed. I looked at her very seriously and then mumbled, "They may have to amputate."

"But," she said, "I thought they just fit people here, they don't do operations like that do they?"

"Uh, well, uh, actually, uh, they're fitting me ahead of time. You know, have to take my measurements, make an arm for me, you know."

I looked down and coughed again.

She nodded sympathetically, "Well will you be in class

"Uh, yes, uh, it doesn't take long."

"Well then we'll see you later."

She turned and left. I walked into the hospital and saw a woman at the recention desk.

"May I help you?" she asked.

"Uh, that is, I, I, uh I."

"Are you here for the stuttering workshop?" she inquired. "B, b, b, but I thought this was an ortho, ortho, ortho what-

"Oh yes," she replied cheerily feeling sorry for me, "but we're letting Dr. Jones use one of our meeting rooms today for his stuttering workshop. We're all part of the School of Rehabilitation Medicine of the University. It's just down the hall and to your left, room 123."

And so, I got a free therapy session for my non-existent stuttering and a start on my future profession as a speech pathologist.

Apparently even fear has its uses.

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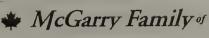
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Continued on page 3D

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Ottawa Jewish Community Agencies		Ahavas Chosed	189	Canadian Diabetes Association	15
	/	Baycrest Centre Foundation Campaign for Care	360	Canadian National Institute for the Blind	47
Agudath Israel Synagogue	1,415	Imre Noam Congregation	720	Canadian Red Cross Society - Ottawa-Carl Branch	27
AJA 50+	975	Kollel Avreichim of Toronto	100	Cancer Research Society	10
kiva High School	625			Carleton University	3,55
amp B'nai Brith	3,335	London Hebrew Day School	100	Children at Risk	
amp Gesher	370	Machon Tzvi Hersh	230		7
anada -Israel Cultural Foundation	385	MiT Boston Hillel on Campus	100	Children's Hospital of Eastern Ontario	2,24
anadian Friends of Torah Academy	3,815	Mount Sinai Hospital - Montreal	45	Children's Wish Foundation	11
ilbert Greenberg Education Fund	203,750	Mount Sinai Hospital of Toronto	240	Crohn's and Colitis Foundation of Canada	40
anon Preschool - SJCC	295	She'arim Hebrew Day School	355	Elizabeth Bruyere Health Centre	
illel Academy	28,220	Yeshivat Or Chaim .	530	Girls & Boys Club of Ottawa-Carleton	18
fillel Lodge	51,010	Zarelnu	155	Heart and Stroke Foundation	30
illel Lodge Ladies Auxiliary	51,010 205	Total	3,115	Hiflcrest High School	20
		Total	3,113	Hip Hip Horray	4
wish Community Cemetery-Holocaust Memorial				Humane Society of Ottawa-Carleton	
ewish Community Council of Ottawa/Vaad Ha'lr		Jewish Agencies in Israel, Ottawa and North Am		Juvenile Diabetes Association	2
ewish Family Services	13,530	Tzedek Fund - Grants and Allocations (2nonymous)	37,000	Kemptville District Hospital	4
wish Memorial Gardens	7,500	Gevurah Fund - Grants and Allocations (anonymous)	1,045,598	Kiwanis Club of Ottawa Medical Foundation	
cwish Students Association	1,120	Total	1,082,598	Lisgar Alumni Association	1.
ewish Youth Library	320		*,,		4
Cosher Food Bank at Agudath Israel Synagogue	2,845	Israeli Institutions		MIT Boston Alumni .	1
eth Shalom Congregation	5,950			Multiple Sclerosis Society	:
seth Shalom Congregation-Sisterhood	115	Canadian Friends of Alyn	75	Nepean High School	
cth Shalom West Congregation	165	Canadian Friends of Bar ilan University	2,580	North York General Hospital-	
fachon Sarah High School	100	Canadian Friends of Ben-Gurion University of the Negev	590	Sheila Cohen Fund for Women's Health	6
lachzikei Hadas Congregation	2,585	Canadian Friends of Ghetto Fighters	3,850	Ottawa Deaf Centre	24
Ottawa Jewish Community Foundation	11,675	Canadian Friends of Hebrew University	2,860	Ottawa Heart Institute Foundation_	1.40
Ittawa Chevra Kadisha	600	Canadian Friends of Jerusalem Blind Institute	295	Ottawa Hospital - Civic Campus	1.8
rtawa Hebrew Free Loan		Canadian Friends of Laniado Hospital	850	Ottawa Hospital - General Campus	4
Ottawa Jewish Archives	35	Canadian Friends of Ramat Shapira Israel	365	Ottawa Kidney Foundation .	
Ottawa Jewish Cometeries	1,210	Canadian Friends of Shaare Tzedek Hospital Foundation	35	Ottawa Rotary Home Foundation	5
	7,605	Canadian Friends of Simon Weisenthal Foundation	150*		,
Ottawa Jewish Historical Society	5,320	Canadian Friends of Technion University	2,220	Parkway House	
Ottawa Modern Jewish School	1,055	Canadian Friends of Weizmann Institute of Science	2,220	Pinchas Zukerman Music Education Fund	4
Ottawa Post Jewish War Veterans of Canada Fund		Canadian Magen David Adom in Israel			5,1
Ottawa Torah Centre Chabad	365	Emunah Women of Canada - (Hamilton)	800	Queen's University	4
Ottawa Torah Institute	1,625	Emunah Women of Canada - (Fiamitton)	65	Queensway- Carleton Hospital Foundation	2,0
Ottawa Vaad Hakashrut	295		750	REACH	
Rambam-Maimonides School	2,810	Israel Cancer Research Fund	280	RP Eye Research Foundation	3
Soloway Jewish Community Centre	12,950	Jewish National Fund	460	The Salvation Army	4
Star of David Hebrew School	670	Micha Society for Deaf - Israel	825	United Way of Ottawa-Carleton	4
Falmud Torah Afternoon School	5,185	Migdal Orh – israel	3,115	University of Ottawa	4
Tamir Foundation	17,830	Mizrachi Organization of Canada for Yeshiva Haye Olam	515	Water-Can	1
Comple Israel Congregation		Na'Amat Ottawa -	150	Total	
Temple Israel Religious School	2,285	Oir Hachaim D'Tash Bois Briand	470	ICIAL	27,0
Torah Academy of Ottawa	530	ORT Canada	695		
United Jewish Appeal	2,065	Ottawa Hadassah-Wizo	1,640	Allocated but not distributed	0.5
	167,545	Society for the Education of Russian Jews - SERT	225	Altocated but not distributed	8,5
Yitzhak Rabin High School	3,490	United Israel Appeal for Elem Youth in Distress in Israel	1,600		
Total	576,695	Total		Water to the Same	
		Iotal	27,790	Total to Jewish Causes	1,698,70
26 -				To Non-Sectarian Organizations	27.3
		General Non-Sectation Organizations		To From Beeter and Organizations	27,5
		Alzheimer Society Ottawa-Carleton	135		
1		Andrew Fleck Integration Service	200	Total Grants to Organizations	1,725,79
		Anthoritie Continue		zotal Granis to O. gamzations	1,143,17

# FOUNDATION DONATIONS

WASERMAN FAMILY MEMORIAL FUND

In niemory or: Sadle Waserman by Bev, Bryan, Alison and Robbie

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MIRIAM AND LOUIS WEINER ENDOWMENT FUND

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Congratulations to:

Jennifer and Ron Vered on the birth of their son by Lynne Oreck-Wener and Bob Wener and family.

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Birthday wishes to: Sadie Craft on her 90th birthday by Barbara and Gerald

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Contributions may be made by phoning Bev Glube Controlutions may be made by phoning Bev Glube at 798-4536 extension 274, Monday to Friday. We have volce mail. Our e-mail address is bgiube@iccottawa.com Attractive cards are sent to convey the appropriate sentiments. All donations are

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### New!

Contributions can now be made on-line at www.iewishottawa.org. Visit our website and click on the NEW On-Line Tribute Card Program! Found on the Foundation page.

# Chariots of Fire: Harold Abrahams, olympian

Oxford University Press promotes the new edition of the Dictionary of National Biography by e-mailing a daily sample biography. That's how I received the new DNB biography of a famous Jewish athlete, Harold Abrahams (1899-1978), whose triumph in the 1924 Olympics was featured in the 1981 Academy Award winning film, Chariots of Fire.

The film was a dual biopic - Abrahams and his Christian missionary teammate, Eric Liddell. This exciting story of the two runners who won gold at Paris in 1924 turns on the motivation behind their victories: Abrahams defiance of the anti-Semitism of the British establishment and Liddel's principled refusal to compete on Sunday. Liddel won the 400 metre on another day and Abrahams won gold in the 100 metre and siiver as a member of the 100m British relay team.

Abrahams was a champion sprinter at Cambridge and a long-jumper who set the British record that stood for a quarter-century. Philip Noe!-Baker, another Olympian and a Nobel Peace Prize winner said, "I have always believed that Harold Abrahams was the only European'sprinter who could have run with Jesse Owens, Ralph Metcalfe, and the other great sprinters from the U.S. He was in their class, not only because of natural gifts - his magnificent physique, his splendid racing temperament, his flair for the big occasion - but because he understood athletics, and had given more brainpower and more will power to the subject than any other runner of his day."

The Oxford biography is particularly interesting because it tells us about Abrahams' family and his post-championship career. His parents Isaac and Esther Lithuanian Jews, escaped to England before 1880. Theirs is the well-known story of the Jewish immigrant couple that prospered (the father was a peddler and a pawnbroker) and raised a family that contributed hugely to the success of their new country.

Harold Abrahams was their youngest son. Son Adolphe graduated with honors from Cambridge, became a consultant physician, and was knighted in 1939. Sen Sidney Solemon (Solly) competed twice in pre-World War I Clympics, rose to be Chief Justice of Tanganyika and Ceylon and was a member



## **Global Shtetl**

Saul Silverman

of the British Privy Council. Son Lionel became senior partner in his law firm.

After Haroid's athletic career, he practiced law till 1949 and then joined the British Ministry of Economic Warfare (organized to limit German war potential by all possible means, from preemptive buying in neutral countries to directing sabotage in occupied Europe). After the war, he was a senior official with the Ministry of Town and County Planning. For close to 50 years he was also a sports writer for the London Sunday Time and a commentator on the

He founded and helped direct organizations that changed track and field from a minor to a major sport. His skill as a lawyer, as well as his persuasive abilities and determination, helped revise the competition rules of the British Ama-

teur Athletics Association (AAA). His work also influenced change in the International Amateur Athletic Federation.

Other good biographies of Abrahams are at Jewish Virtual Library, and on the Jews in Sports website.

The British magazine Sporting Life has a story on Abrahams' 1924 Olympic victory, while the London Sunday Times has a lengthy feature article on Abrahams

and Liddell in its series "British Heroes."

Chariots of Fire is well worth seeing again. Sports Illustrated includes it in its web selection of the best sports movies. Movie Mom, at Yahoo, focuses on the emphasis on the way the film promotes character building and determination and recommends it as a family film (see suggestions for discussion with children)

Oxford DNB: http://www.oxforddnb.com/public/lotw/3.html Jewish Virtual Library: http://www.jewishvirtuallibrary.org/ jsource/biography/Abrahams.html

Jews in Sports: http://www.jewsinsports.org/olympics.asp? sport=olympics&ID=511

Sporting Life: http://www.sportinglife.com/olympics/ best\_of\_british/story\_get.dor?STORY NAME= others/00/08/22/OLYMPICS\_Abrahams.html Sunday Times: http://www.timesonline.co.uk/

article/0, 15069-1161604,00.html Sports Illustrated: http://sportsillustrated.cnn.com/ features/2001/movies/reviews/chariots\_fire/

Movie Mom: http://movies.yahoo.com/shop?d=hv&cf= parentsquide&id=1800046058

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# GOING ON

February 7 to 20, 2005

For a detailed listing visit www.jewishottawa.org





### CANDLELIGHTING BEFORE

Feb 18 **⊅** 5:17 pm Feb 25 5:36 pm
 □ Mar 11 Mar 18 5:55 pm
 □ Mar 25 Apr 1 **\$** 6:13 pm Apr B ⊅ 7:22 pm Apr 15 

### EERBIIABY 11

Ottawa-Carleton PD Day,

JET, Young Adult Friday Night Dinner, Shotkin Family Home, 6:00 pm.



**FEBRUARY 12** 

Torah Academy ol Ottawa and Soloway Jewish Community Centre Winter Works, Sixth Annual Chinese Buttet and Auction, 8:00 pm.

> SUNDAY **FEBRUARY 13** Olfawa Reconstructionist

ish Community Centre, reading by Canadlan-Jewish writer, Emil Sher, 1:30 pm.

A Touch of Klez Concert, Hillel Lodge, 10 Nadolny Sachs Pri-

The Vered Israel and Cultural and Educational Program, Israell House, 7:30 pm.

### MDNDAY FEBRUARY 14

OTI-Machon Sarah HS, Adina Ben-Porat Memorial Lecture. "Who Is the Mother? A Medical and Jewish Ethical Perspective on In-Vitro Fertilization and Egg Donation," National Library of Canada, 395 Wellington, 7:30 pm.

> **FEBRUARY 18** Hillel Academy PD Day, 8:30

NCSY Shabbaton in Toronto

FEBRUARY 20 Ottawa Jewish Film Society. with NCSY Florida (Feb. 18-20) "Time of Favor," 2:00 pm.

JET, Young Adult Friday Night Dinner, Shaps Family Home, 6:15 pm.



SATURDAY **FEBRUARY 19** 

Agudath Israet Synagogue, Rockin Western Party, 1400 Coldrey Avenue, 7:30 pm. Tickets: 728-3501





SATURDAY, FEBRUARY 26 Agudath Israel Synagogue and Hillel Academy present Jewish a capella group Pizmon, 1400 Coldrey Avenue, 7:30pm. Tickets: 728-3501.

TUESDAY, MARCH 1

JEWISH Unity Live 2005 with Rabbi Joseph Telushkin, Canadlan Museum of Civilization. inio: www.jewishunitylive.com or 798-9818, ext. 247.

SATURDAY, MARCH 5 Young Adult Division of UJA presents JAM with YAD, The Whiskey Bar, 110 York Street. Ticket Inlo: 798-4696, ext. 270

Unless otherwise noted, activities take place at The Joseph and Rose Ages Family Building, 21 Nadolny Sachs Private.

This Information is taken from the community calender maintained by the Jewish Community Campus of Ottawa Inc. Organizations which would like their events to be listed, no matter where they are to be held, should make sure they are accorded by Brenda Schafer, calendar coordinator at 798-9818 ext. 265. We have voice mail. Accurate details must be provided and all events must be open to the Jewish public. You may tax to 798-9839 or email to bechater@jccottawa.com.



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# A walk with heart and sole

2005 Aviv Festival – Sunday, June 5, 2005

To volunteer and for more info 798-4696, ext. 227



Condolences are extended to the families of Claude Abrams, Toronto (father of Martin) Harry Field, Montreal (father of Cynthia Rose)

Carole Gold Dr. Igor Livshits

Norman Loeb Helen Maslove, Winnipeg (mother of Allan)

Doris Mayne, Montreal (mother of Seymour and Aharon)

Lena Schecter May their memory be a blessing always. The

CONDOLENCE COLUMN is offered as a public service to the community.

There is no charge.

For a listing in this column, please call Bev Glube, ·798-4696, ext. 274.

Voice mail is available.

## BULLETIN DEADLINES

FEBRUARY 16 FOR MARCH 7

MARCH 2 FOR MARCH 21 MARCH 16

FOR APRIL 11 APRIL 6

FOR APRIL 25 APRIL 20

FOR MAY 9

MAY 4

FOR MAY 23

JUNE 1 FOR JUNE 20

July 6

FOR JULY 25 AUGUST 3

FOR AUGUST 22

AUGUST 17 FOR SEPTEMBER 5